Recreational Programs for Women CEWM 5171
New Orleans Baptist Theological Seminary
Christian Education Division

Judi Jackson, PhD
Adjunct Professor
Hardin Student Center
3939 Gentilly Blvd.
New Orleans, LA 70126
(504) 282-4455 ext. 3334
jjackson@nobts.edu

The mission of New Orleans Baptist Theological Seminary is to equip leaders to fulfill the Great Commission and the Great Commandments through the local church and its ministries.

Purpose of the Course
The purpose of this course is to provide quality, supplemental training specifically focused in the area of recreational programs for women’s ministry.

Core Value Focus
Doctrinal Integrity – Knowing that the Bible is the Word of God, we believe it, teach it, proclaim it, and submit to it. The doctrinal statements used in our evaluations are our Articles of Religious Belief and the Baptist Faith and Message Statement.
Spiritual Vitality – We are a worshiping community, with both personal spirituality and gathering together as a Seminary for the praise and adoration of God and instruction in His Word.
Mission Focus – We are not here merely to get an education or to give one. We are here to change the world by fulfilling the Great Commission and the Great Commandments through the local church and its ministries.
Characteristic Excellence – What we do, we do to the utmost of our abilities and resources as a testimony to the glory of our Lord and Savior Jesus Christ.
Servant Leadership – We follow the model of Jesus and exert leadership and influence through the nurture and encouragement of those around us.

Annually, the President will designate a core value that will become the focus of pedagogy for the year. For 2013-2014 academic year that Core Value is Doctrinal Integrity.

Curriculum Competencies Addressed
This course will address the following curriculum competencies:

1. Biblical Exposition: The student will explore biblical teachings about ministry to women.

2. Christian Theological Heritage: The student will explore theological and historical background for women’s ministry.
3. **Disciple Making:** The student will learn to train others by sharing spiritual lessons learned through personal research, study, and life experience.

4. **Interpersonal relationships:** The student will explore relationship-building through recreational activities, enhancing skills of instruction and encouragement while developing participants in life skills and improving their self-esteem.

5. **Servant Leadership:** The student will discover how to serve those engaged in recreational programs as well as lead them in developing spiritually, physically, socially, and mentally.

6. **Spiritual and Character Formation:** The student will facilitate leadership training, modeling intentional ministry through the use of recreational programs.

7. **Worship Leadership:** The student will increase skills for leading women in the church.

8. **Administration:** The student will learn to provide competent administration of recreational programs.

### Course Description

This course is designed to examine the role of recreation in women’s ministry. Often used as “front door” events, personal fitness, weight control, and craft programs will be among the areas to be explored.

### Learning Objectives

By the completion of this course, each student should be able to accomplish the following:

1. Apply her knowledge and comprehension of the role of recreation in a balanced women’s ministry.
2. Value the use of various strategies for recreational programs for women in the local church.
3. Develop and implement diverse recreational programs for women.

### Required Readings

The following texts and resources are required reading for class discussions and are to be read in their entirety unless otherwise specified.


**Course Teaching Methodology**

**Units of Study** Topics will include:
1. Philosophy and Ministry of Recreation
2. Fitness
3. Mixers and Icebreakers
4. Nutrition
5. Arts and Crafts
6. Personal Enrichment

**Teaching Method.** This course will utilize lecture and interactive discovery-learning and will be team-taught. The student should expect different presentation formats to enhance the learning motif.

**Assignments and Evaluation Criteria**

1. Students will attend class as stated in the graduate catalog.
2. Students will read both textbooks as well as related articles given out in class. Each student will lead one activity from the *Icebreaker* textbook as an in-class assignment. Students will write a statement verifying completion of your reading.
3. Students will participate in class discussion including a separate session for graduate students. Students should contribute to the learning process through comments and questions.
4. Students will complete a take home final examination.
5. Students will submit an interview project.

**Interview Project**

Student will contact a church presently offering one of the programs discussed in class and conduct an interview to determine

1. the success of the program
2. how the need for the program was determined
3. how the program was promoted
4. response to the program
5. strengths/weaknesses of the program
6. other issues pertinent to the program.

The project report should be approximately five-to-ten pages, typed and double-spaced following *A Manual for Writers of Term Papers, Theses, and Dissertations* by Kate Turabian, published by University of Chicago Press. It may be verbatim-style or as a paragraph-by-paragraph report.
Students must submit assignments and the final exam for grading in accordance with the instructions of the course professors. Please note: any course requirements received after the specified submission deadline (i.e., four weeks after the class) will incur a late penalty. All requirements must be submitted by the end of the semester or the student will receive a course grade of an “F.” Students may request an incomplete course grade from the Academic Advisor in the Registrar’s Office, if an emergency arises (as per the policy on incomplete work in the 2010-2011 Graduate Catalog, p. 152).

Course Evaluation
This course will follow the grading system for the Graduate School:

A = 93-100  
B = 85-92  
C = 77-84  
D = 70-76  
F = Below 70

25% = Class Attendance/Class Participation
25% = Interview Project
25% = Take Home Final Examination
25% = Textbook Readings

Course Policies
The student will be expected to have access to online resources to download teaching and presentation documents in the Seminary’s BlackBoard system.

Students who choose to present assignments via electronic mediums need to present those documents in a Microsoft Word (.doc or .docx) format. WordPerfect and PDF files will not be accepted for grade via electronic format.

The absence policy of the Seminary will be strictly enforced. For a 3-hour course, the student may miss no more than 9 hours of instruction. Examinations and case studies will be given and graded on the days announced. The concept of a make-up examination does not exist.

Netiquette: Appropriate Online Behavior. Each student is expected to demonstrate appropriate Christian behavior when working online on Discussion Boards or whenever interaction occurs through web, digital, or other electronic medium. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is expected at all times in the online environment.

Academic Honesty Policy
All graduate and undergraduate NOBTS students, whether on-campus, internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.
**Course Schedule**

Session One
- Welcome/Orientation/Registration
- Unforgettable Introductions

Session Two
- Introduction to Recreation (Philosophy and Ministry)

Session Three
- Fitness: Personal and Church Programs

Session Four
- Fitness: With All My Strength (practicum)

Session Five
- Using Mixers in Ministry

Session Six
- Nutrition: What’s Out There and How the Options Compare

Session Seven
- Beyond the Classroom: The Art of Application

Session Eight
- Arts and Crafts: More than Beads and Bows
  - (includes class discussion, practicum and field trip)

Session Nine
- Play with a Purpose: Class Presentations

Session Ten
- Personal Enrichment Activities

**Selected Bibliography**


