

CMCM1110 PERSONAL SPIRITUAL DISCIPLINES

New Orleans Baptist Theological Seminary
Leavell College
Dr. Tommy Green
Fall 2014/2015

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Course Description

The purpose of this course is to introduce students to the spiritual disciplines of the Christian life. The emphasis is on the practice of these disciplines in the daily lives of the students.

Student Objectives

By the end of the semester, the student will:

1. Understand the importance of gathering weekly with other believers.
2. Value spiritual health in themselves and others.
3. Practice spiritual disciplines throughout the semester

Textbook

Whitney, Donald S. *Ten Questions to Diagnose Your Spiritual Health*. Colorado Springs, CO: NavePress, 2001.

Course Methodology

The course will mainly consist of small group meetings at which various matters will be discussed, including one's own spiritual growth and the implementation of spiritual disciplines in one's life.

Course Requirements

1. The student will attend and participate in the small group sessions. The groups will be a time of reflection upon what has been studied. A major emphasis will be placed upon time spent in prayer during the meetings. Group members will evaluate each other at the end of the semester.
2. The student will be required to read the assigned chapter from the required text before coming to class. A reading statement will be submitted at the end of the semester.
3. The student will keep a weekly journal of their practice of one of the following spiritual disciplines: Bible study, prayer, or scripture memory during this semester.

40% Attendance and participation

30% Required reading

30% Disciplines Journal

Additional Information

The class will adhere to the attendance policy stated in the catalog. Any student missing more than three hours will receive an automatic grade of F for the course, unless excused by the Dean of Leavell College. Three tardies will count as one absence.

Course Schedule

Date	Reading	Assignments Due
August 25	Syllabus and Introductions	
August 25	Introduction to Book	
August 25	Chapter 1	
August 25	Chapter 2	
September 15	Chapter 3	
September 15	Chapter 4	
September 15	Chapter 5	
September 15	Chapter 6	
September 22	Chapter 7	
September 22	Chapter 8	
September 22	Chapter 9	
October 6	Chapter 10	Reading Statements Due
October 6	Journals and Evaluation	Journals Due

Bibliography

Bonhoeffer, Dietrich. *The Cost of Discipleship*. Translated by R.H. Fuller. New York: Macmillan, 1963.

Bridges, Jerry. *The Pursuit of Holiness*. Colorado Springs, CO: NavPress, 1978.

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Bridges, Ronald F. *Disciplines of the Devoted Heart*. San Bernardino, CA: Here's Life Publications, 1991.

Bruce, A.B. *The Training of the Twelve*. Grand Rapids: Kregel, 1971.

Coleman, Robert E. *The Master Plan of Evangelism*. Old Tappan, NJ: Fleming H. Revell, 1963.

Davis, Earl C. *Life in the Spirit*. Layman's Library of Christian Doctrine Series. Nashville: Broadman Press, 1986.

Eims, Leroy. *The Lost Art of Disciplemaking*. Colorado Springs, CO: NavPress, 1978.

Elliot, Elisabeth. *Discipline, The Glad Surrender*. Old Tappan, NJ: Fleming H. Revell, Co., 1982.

Foster, Richard J. *Celebration of Discipline*. New York: Harper and Row, 1978.

_____. *The Challenge of the Disciplined Life: Christian Reflections on Money, Sex and*

Power. San Francisco: Harper/San Francisco, 1985.

_____. *Prayer: Finding the Heart's True Home*. San Francisco: Harper/San Francisco, 1992.

Getz, Gene A. *The Walk: The Measure of Spiritual Maturity*. Nashville: Broadman & Holman, 1994.

Hughes, R. Ken. *Disciplines of a Godly Man*. Wheaton, IL: Crossway Books, 1991.

Hull, Bill. *The Disciple Making Pastor*. Old Tappan, NJ: Fleming H. Revell, 1988.

Hybells, Bill. *Honest to God*. Grand Rapids: Zondervan, 1990.

Liddell, Eric. *The Disciplines of the Christian Life*. Nashville: Abingdon Press, 1985.

McDonald, Gordon. *Ordering Your Private World*. Nashville: Oliver Nelson Publishing, 1984.

_____. *Renewing Your Spiritual Passion*. Nashville: Oliver Nelson Publishing, 1989.

Thiele, Ed. *Fruitful Discipleship*. New Orleans: Insight Press, 1994.