CMCM1110 PERSONAL SPIRITUAL DISCIPLINES
New Orleans Baptist Theological Seminary
Leavell College 813-689-1204
Dr. Tommy Green Tommy.green@fbcbrandon.org
Fall 2014/2015

Course Description
The purpose of this course is to introduce students to the spiritual disciplines of the Christian life. The emphasis is on the practice of these disciplines in the daily lives of the students.

Student Objectives
By the end of the semester, the student will:
1. Understand the importance of gathering weekly with other believers.
2. Value spiritual health in themselves and others.
3. Practice spiritual disciplines throughout the semester

Textbook

Course Methodology
The course will mainly consist of small group meetings at which various matters will be discussed, including one’s own spiritual growth and the implementation of spiritual disciplines in one’s life.

Course Requirements
1. The student will attend and participate in the small group sessions. The groups will be a time of reflection upon what has been studied. A major emphasis will be placed upon time spent in prayer during the meetings. Group members will evaluate each other at the end of the semester.
2. The student will be required to read the assigned chapter from the required text before coming to class. A reading statement will be submitted at the end of the semester.
3. The student will keep a weekly journal of their practice of one of the following spiritual disciplines: Bible study, prayer, or scripture memory during this semester.

40% Attendance and participation
30% Required reading
30% Disciplines Journal

Additional Information
The class will adhere to the attendance policy stated in the catalog. Any student missing more than three hours will receive an automatic grade of F for the course, unless excused by the Dean of Leavell College. Three tardies will count as one absence.
Course Schedule

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<th>Date</th>
<th>Reading</th>
<th>Assignments Due</th>
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<td>August 25</td>
<td>Syllabus and Introductions</td>
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<td>August 25</td>
<td>Introduction to Book</td>
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<td>August 25</td>
<td>Chapter 1</td>
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<td>September 15</td>
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<td>October 6</td>
<td>Chapter 10</td>
<td>Reading Statements Due</td>
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<td>October 6</td>
<td>Journals and Evaluation</td>
<td>Journals Due</td>
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Bibliography


________. *The Challenge of the Disciplined Life: Christian Reflections on Money, Sex and


