

Advanced Pastoral Counseling COUN5303 New Orleans Baptist Theological Seminary Division of Counseling Fall Semester 2020 Wednesdays 8:00-10:50 a.m. (8/26, 9/9, 9/23, 10/7, 10/14, 11/11, 12/2, 12/9)

Dr. Jeffery Nave

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Counseling

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Mission Statement

New Orleans Baptist Theological Seminary and Leavell College prepare servants to walk with Christ, proclaim His truth, and fulfill His mission.

Mission Statement of the Counseling Program

The mission of the NOBTS Counseling Program is to provide training and supervised experience in evidence-based counseling methods to help people deal with life issues in a biblically sound way and prepare students for licensure in counseling and counseling-related professions. We seek to produce graduates who have the values, knowledge, skills, and personal disposition to promote the mental health and holistic wellness of clients across diverse populations.

Core Value Focus

The seminary has five core values: Doctrinal Integrity, Spiritual Vitality, Mission Focus, Characteristic Excellence, and Servant Leadership. The core value focus for this academic year is Mission Focus. We are not here merely to get an education or to give one. We are here to change the world by fulfilling the Great Commission and the Great Commandments through the local church and its ministries.

Curriculum Competencies

All graduates of NOBTS are expected to have at least a minimum level of competency in each of the following areas: Biblical Exposition, Christian Theological Heritage, Disciple Making, Interpersonal Skills, Servant Leadership, Spiritual and Character Formation, and Worship Leadership. The curriculum competencies addressed in this course are: Disciple Making, Interpersonal Skills, Servant Leadership and Spiritual and Character Formation

Course Description

This course is designed to build on the foundation presented in COUN5202 Counseling in Ministry. A solution-focused model of pastoral counseling is presented with an emphasis on gaining practical experience through role play and outside class experience. Prerequisite: COUN5202 Counseling in Ministry

Student Learning Outcomes

Student will...

- 1. Apply psychological, theological, and spiritual resources to specific counseling concerns;
- 2. Develop skills necessary for the competent practice of Solution-Focused Pastoral Counseling;
- 3. Identify and practice selected spiritual disciplines (i.e. prayer, studying scripture, corporate worship, etc.) to promote both personal growth and integrity in counseling;

- 4. Identify principles that will help guide the therapeutic use of prayer, scriptural resources, confession, forgiveness, etc.; and
- 5. Engage in practical application of Pastoral Counseling skills and techniques in a ministry/employment setting.

Textbooks

Kollar, Charles A. (2011). Solution Focused Pastoral Counseling: An Effective Short-Term Approach for Getting People Back on Track. Zondervan. ISBN-13: 978-0310329299

Course Teaching Methodology

The course will involve the following methodologies:

Reading, Classroom Lecture, Practical Application of Skills in Pastoral Counseling ministry, and Group Discussion and Critique of Counseling Verbatim.

Course Requirements

Reading

Students will read Charles Kollar's Solution Focused Pastoral Counseling in its entirety.

Classroom Participation

Students will be expected to come to class having read all reading assignments or completed assigned vebatims and prepared to engage in critical discussion of material.

Verbatims

Students will complete a minimum of two verbatims per two-week period following the first classroom meeting; each representing at least 30 minutes of pastoral care or counseling interaction. Verbatims should be formatted like a script with a brief introduction. Additional details will be provided at the first class meeting.

Mid-Term Exam

The mid-term exam will cover the content of the assigned text.

Final Exam

The final exam will cover broad concepts discussed during the second half of the semester.

Evaluation of Grade

Classroom Participation (includes evidence of reading)	35%
Verbatims	35%
Mid-term Exam	15%
Final Exam	15%
Total	100%

Technical Assistance

For assistance regarding technology, consult ITC (504-816-8180) or the following websites:

- 1. <u>Selfserve@nobts.edu</u> Email for technical questions/support requests with the <u>Selfserve.nobts.edu</u> site (Access to online registration, financial account, online transcript, etc.)
- 2. <u>BlackboardHelpDesk@nobts.edu</u> Email for technical questions/support requests with the NOBTS Blackboard Learning Management System <u>NOBTS.Blackboard.com</u>.
- 3. ITCSupport@nobts.edu Email for general technical questions/support requests.
- 4. www.NOBTS.edu/itc/ General NOBTS technical help information is provided on this website.

[Other items may be included, such as: expectations for reading assignments, policy on late assignments, academic honesty, classroom demeanor, extra credit]

Help for Writing Papers at "The Write Stuff"

NOBTS maintains a Writing Center designed to improve English writing at the graduate level. Students can receive writing guides, tips, and valuable information to help in becoming a better writer.

Plagiarism on Written Assignments

NOBTS has a no tolerance policy for plagiarism. Plagiarism in certain cases may result in expulsion from the seminary. See the NOBTS Student Handbook for definition, penalties, and policies associated with plagiarism.

Course Schedule

If you are taking this course as a NOLA2U Live student, please note the following attendance policies:

- 1. The course on the New Orleans campus will be connected synchronously via Web conferencing with Internet students. These courses will require attendance at the stated class meeting times.
- 2. Students are only allowed to miss the amount of class time specified in the NOBTS attendance policy as stated in the graduate catalog. (See page 184 in the graduate catalog: https://www.nobts.edu/_resources/pdf/academics/GraduateCatalog.pdf).
- 3. Technical issues will not be considered a valid reason for missing a class session.

Date	Subject(s)	Reading Assignment
8/26		Kollar-Part 1: Chapters 1-7
9/9		Kollar-Part 2: Chapters 8-14
9/23		Kollar-Part 3: Chapters 15-20 Article: Efforts to Overcome Countertransference
10/7	Verbatim Critique Mid-Term Exam	
10/14	Verbatim Critique	
11/11	Verbatim Critique	
12/2	Verbatim Critique	
12/9	Verbatim Critique Final Exam	

^{*}All classroom activities after Thanksgiving Break will take place on the BlueJeans platform as synchronous video.

Selected Bibliography

Albers, Robert H. (1995). Shame: A Faith Perspective. New York: Haworth Press

Alter, Margaret G. (1994). Resurrection Psychology: An Understanding of Human Personality Based on the Life and Teachings of Jesus. Chicago: Loyola University Press,

Augsburger, David. (1981). Caring Enough to Forgive. Regal Books.

Ball, Robert A., and Rodney K. Goodyear. (1993). "Self-reported Professional Practices of Christian

Psychotherapists." In Psychotherapy and Religious Values, edited by Everett L. Worthington, Jr., Baker.

Belgum, David. (1963). Guilt: Where Psychology and Religion Meet. Prentice-Hall.

Bonhoeffer, Dietrich. (1959). The Cost of Discipleship. Macmillan.

Crabb, Larry. (2004). Connecting: Healing Ourselves and Our Relationships. W Publishing Group.

Greggo, Stephen P. & Sisemore, Timothy A., eds. (2012). Counseling and Christianity: Five Approaches. IVP Academic. ISBN-13: 978-0830839780

Johnson, Eric L. and Stanton L. Jones, eds. (2000). Psychology and Christianity: Four Views. Downers Grove, InterVarsity.

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Lewis, C.S. (1952). Mere Christianity. New York: Macmillan,.

Manning, Brennan. (2002). Abba's Child: The Cry of the Heart for Intimate Belonging. Navpress.

McMinn, Mark R. (2008). Cognitive Therapy Techniques in Christian Counseling. Word.

McMinn, Mark R. (2012). Psychology, Theology, and Spirituality in Christian Counseling. Tyndale House.

Menninger, Karl. (1973). Whatever Became of Sin? Hawthorne Books.

Narramore, S. Bruce. (1984). No Condemnation. Zondervan.

Oates, Wayne E. (1986). The Presence of God in Pastoral Counseling. Word Publishing.

Pedhu, Yoseph. (2019). Efforts to Overcome Countertransference in Pastoral Counseling Relationships. *Journal of Pastoral Care & Counseling*. Vol. 73(2) 74-81.

Sphar, Asa and Argile Smith. (2002). Helping Hurting People: A Handbook on Reconciliation-Focused Counseling and Preaching. University Press.

Worthington, Everett L., Jr. ed. (1993). Psychotherapy and Religious Values. Baker.