

# COUN5300 Counseling in Ministry Division of Counseling Fall 2022 Online

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#### MISSION STATEMENT

New Orleans Baptist Theological Seminary and Leavell College prepare servants to walk with Christ, proclaim His truth, and fulfill His mission.

## **COURSE DESCRIPTION**

This course is designed to introduce students to Christian counseling and basic counseling skills for those in various ministry settings. Biblically-based foundations and approaches to counseling will be examined. In addition, the class will address skill development and application and will examine counseling issues such as marital and family relationship problems, depression and anxiety, anger, forgiveness and reconciliation, trauma, grief and crisis, substance abuse problems, and spiritual issues.

## STUDENT LEARNING OUTCOMES

In order to perform counseling effectively with the knowledge and skills necessary, students, by the end of the course, should:

- 1. Be able to understand the basic foundations and dimensions of biblically-based Christian counseling, including theological, pastoral, historical, scientific, and psychological elements and counseling models.
- 2. Be able to apply a biblically-based knowledge of pastoral care and counseling to the difficulties commonly faced by church members and their families.
- 3. Be able to communicate effectively using basic counseling skills.
- 4. Be able to evaluate personal limits in counseling and to know how and when to make appropriate referrals and develop strategies for personal wellness and self-care.
- 5. Develop a local referral and consultation network.

#### **TEACHING METHODS**

This course meets online in an asynchronous format on a weekly schedule. Each week you will be asked to interact with different types of materials, including lecture notes, PowerPoint presentations, video lectures, class texts, exercises or practical activities, and responses from other students.

#### THE EMBEDDED ASSIGNMENT

This course will be assessed for quality and improvement through the use of an embedded assignment. The research paper, required to be completed by all students for all sections of this course, will serve as the basis for this assessment. The rubric for grading the paper is in the course requirements section below.

## **REQUIRED TEXTBOOKS**

The Bible—your preferred translation

Collins, G. (2007). Christian Counseling 3rd Edition: Revised and Updated (3rd ed.). Thomas Nelson.

ISBN-13: 9781418503291

Jones, I. F. (2006). *The Counsel of Heaven on Earth: Foundations for Biblical Christian Counseling*. B&H Academic. ISBN-13: 9780805443431

Stanley, S. M., Trathen, D., McCain, S., & Bryan, M. B. (2014). *A Lasting Promise: The Christian Guide to Fighting for Your Marriage* (New and Revised ed.). Jossey-Bass. ISBN: 9781118672921

## **COURSE REQUIREMENTS**

#### **Book Review:**

Students will write a book review of not less than five pages, excluding cover sheet, of the book *The Counsel of Heaven on Earth* by Ian F. Jones. The review will be double spaced, in accordance Turabian style. The book review should include (1) a brief summary of content, (2) an evaluation of the strengths and limitations of the work, and (3) its applicability to Christian ministry and counseling (identify the most appropriate audience for the book and whether you would recommend it). See rubric for details. Submit the review on Canvas. *See the rubric at the end of the syllabus*.

## Counseling Dialogs (2):

Two counseling dialogs that deal with a problem or issue will be prepared from conversations with people that may be formal (planned) or informal. Care should be taken to protect the identity of the person(s) and informed consent should be given before the conversation is recorded or reported in writing. Dialogs should be submitted through Canvas and include the following:

- 1. Introduction: Introductory paragraph identifying the counselee (fictitious name to insure confidentiality). Include a detailed description identifying age, sex, marital status, significant family members and contacts, personal appearance (facial, physical, emotional demeanor), and other pertinent information.
- 2. Dialog Samples: Actual counseling dialogue using the following symbols:
  - R = counselor; E = Counselee
  - The samples should be substantive and demonstrate use of the counseling skills covered in class.
- 3. Evaluation: A summary section with conclusions drawn from the dialog as well as any follow-up plans. The summary must include a personal evaluation of the session (skills demonstrated, your strengths, limitations, and areas of opportunities), along with a spiritual assessment identifying pertinent biblical principles and areas you believe that God is working in the situation.

*NOTE:* To aid in the reporting of the dialog, the counselor may use a recording device with the permission of the counselee. Counselors should immediately erase the recording after transcribing the session—assuring the confidentiality (protection) of the counselee.

## Interviews (2):

Two interviews will be conducted and reported in the same format as the counseling dialogs. These interviews will be conducted with two specific types of potential counselee: a married person or couple and an ethnic minority or a person from a culture different than the student. Students will practice counseling skills and techniques as learned in class.

#### **Referral and Resource Guide**

Students will produce a resource guide focused on services, professionals, and other resources available to them in their geographical area of ministry. This can be the student's current place of residence or, if the student knows of a place where they will serve in the future, the guide can reflect resources in that area. The guide should include

listings of services, names and contact information of providers, a description of the services available, target audience for this service, and ways the minister can be involved in the provision of the service where applicable.

## **Course Requirements and Grading:**

Book Review: 20%
Midterm Examination: 20%
Discussion Boards: 10%

Counseling Dialogs: 10% (5% each) Interviews: 10% (5% each)

Referral & Resource Guide: 10% Final Examination: 20%

## **Grading Scale:**

The following grading scale is used at NOBTS. See the Graduate Catalog, available online at <a href="https://catalog.nobts.edu/">https://catalog.nobts.edu/</a>:

A: 93-100 B: 85-92 C: 77-84 D: 70-76 F: Below 70

## **Due Dates and Times:**

All assignments are due on their respective due dates as detailed in the Reading and Assignments Schedule. Assignments are to be submitted on Canvas by 11:59 PM (Central Time) on the dates they are due. *Late assignments will be assessed a 4-point per day penalty.* 

If technical difficulty precludes your submitting an assignment through Canvas, you may email it as an attachment to the instructor or the grader and it will be graded according to the date & time stamp on your email. Please use the email option only as a last resort.

# **Reading and Assignments Schedule**

All assignments are due at 11:59 PM on the Saturday ending the Unit. Readings are required. Italicized readings are recommended.

Unit #	Week #	Class Dates	Reading & Assignments Schedule	Topics and Activities		
#						
			Jones: all	Introduction to Christian Counseling		
	1	Aug 15-20	Collins: Ch. 1-5	Counseling as Ministry		
				Biblical and Historical Perspective		
1						
	2	Aug 21-27	Collins: Ch. 33	Counselor Qualities		
			Due: Book Review—	Skills for Counseling		
			Jones			
		Aug 28-		A Brief Approach to Counseling		
	3	Sep 3	Due: Skills Dialog			

2	4	.   35p : 25   3tame, am 2 5		Couple and Premarital Counseling		
			Collins: Ch. 28, 29, 32	Marriage Counseling Prepare/Enrich & PREP		
	_	Sep 11-17	Collins: Ch. 9, 42	Anxiety and Related Issues		
	5		Stanley Ch. 4-6	Self-Care in Ministry (burnout, vicarious traumatization)		
3	6	Sep 18-24	Collins: Ch. 38-39	Stress, Trauma, Crisis		
			Stanley Ch. 7-8  Due: Brief Dialog	Beginning Marriage Counseling		
	_	Sep 25-	Collins: Ch. 25	Grief, Loss, and Bereavement		
	7	Oct 1	Stanley Ch. 9-10 Midterm Exam	Couple Case Studies and Planning		
4			3 is Fall Break			
		No Cid	ass Activities			
		Oct 9-15	Collins: Ch. 8,9	Depression		
	9			Suicide and Suicide Risk Assessment  SLAP Practice		
_	40	Oct 16-22		Cutting and Self-Injury		
5	10			Mental Illness and the Church Referrals and Working with Clinical Counselors		
		Oct 23-29	Collins: Ch. 19, 20, 21	Adolescence and the Brain		
6	11		Stanley Ch. 11-13  Due: Marital-Premarital	Sexuality and Counseling Homosexuality and Gender Issues		
			Interview	·		
	12	Oct 30- Nov 5	Stanley Ch. 14-15	Addiction and Recovery Models and Treatments		
	13	Nov 6-12	Due: Referral and	Abuse of Children		
7			Resource Guide	Prevention and Protection  Darkness to Light, MinistrySafe		
	14	Nov 13-19	Collins: Ch. 22	Domestic and Intimate Partner Violence		
				Sexual Harassment and Assault		
				Caring Well for Victims		
	15	Nov 20-26	Collins: Ch. 7	Cultural Issues in Counseling		
				Cultural Competence & Cultural Humility		
8	16	Nov 27-	Collins: Ch. 13	Parenting and Counseling Children		
		Dec 3	Due: Cross-cultural Interview	Issues for Adoptive Families and Children Trust Based Relational Interventions and Trauma		
			Final Exam	Informed Care		
	Final Exam		Final Exam to be taken on Canvas by			
	LAdin		Dec 3 at 11:59 PM			

# **Book Review Rubric**

Criterion	Scale 1	Scale 2	Scale 3	Scale 4	Scale 5	Total
	0-60 %	61-70 %	71-80 %	81-90 %	91-100 %	
Purpose of Book	0-60 %	61-70 %	71-80 %	81-90 %	91-100 %	25
	Not acceptable	Passing, but	Satisfactory	Above average	Excellent	
	(little or no	seriously	(acceptable, but	(shows evidence	(clear	
	discussion on	lacking	with limited	of clearly	description of	
	purpose and	discussion on	discussion on	understanding	intended	
	related	purpose and	purpose and	purpose and	purpose and	
	structure,	related	related	related	related	
	audience, and	structure,	structure,	structure,	structure,	
	organization of	audience, and	audience, and	audience, and	audience, and	
	book)	organization of	organization of	organization of	organization	
		book	book)	book)	of book)	
Pt. 1: Objective	0-60 %	61-70 % Passing	71-80 %	81-90 %	91-100 %	25
<b>Evaluation of Book</b>	Not acceptable	but seriously	Satisfactory	Above average	Excellent	
	(little or no	lacking an	(contains a	(contains a	(contains a	
	objective	objective	basic objective	good objective	comprehensive	
	discussion on the	discussion on	discussion on	discussion on	discussion on	
	basic nature of	the basic nature	the nature of	the nature of	the nature of	
	the book and an	of the book and	the book and	the book and an	the book and	
	evaluation of its	an evaluation	an evaluation	evaluation of its	an evaluation	
	strengths and	of its strengths	of its strengths	strengths and	of its strengths	
	weaknesses)	and weaknesses	and	weaknesses)	and	
	,		weaknesses)	ĺ	weaknesses)	
Pt. 2: Personal	0-60 %	61-70 % Passing	71-80 %	81-90 %	91-100 %	25
Assessment	Little or no	but seriously	Satisfactory	Above average	Excellent	
	personal	lacking personal	(Provides	Provides good	Provides	
	assessment of	assessment of	acceptable	personal	exceptional	
	the author's	the author's	assessment of	assessment of	personal	
	success in	success in	the author's	the author's	assessment of	
	achieving the	achieving the	success in	success in	the author's	
	stated goals	stated goals	achieving the	achieving the	success in	
			stated goals	stated goals	achieving the	
					stated goals	
Final	0-60 %	61-70 %	71-80 % Limited	81-90 %	91-100 %	10
Recommendations	Fails to make any	Unconvincing	explanation and	Good	Excellent	
(can be positive or	recommendatio	recommendatio	recommendatio	explanation and	explanation	
negative) 10 pts	ns	n	n	recommendatio	and	
				n	recommendati	
					on	
Grammar 5 pts	0-60 %	61-70 % Ave. 3	71-80 %	81-90 %	91-100 %	5
Grammar /	More than 3	Errors per page	Ave. 2 Errors	Ave. 1 Error per	Almost Perfect	
Sentence	Errors per page		per page	page		
Construction						
Form & Style 10	0-60 %	61-70 % 3 Style	71-80 %	81-90 %	91-100 %	10
pts	More than 3	Errors &/or	2 Style Errors.	1 Style Error	Follows	
Style Manual	style errors &/or	incomplete	Complete	Complete	Manual 100%.	
•	failure to include	bibliographic	bibliographic	bibliographic	Complete	

	full biblio. ref. of book	reference of book	reference of book	reference of book	bibliographic reference of book	
Total						100

## **Course Policies**

## **Syllabus Distribution**

This syllabus is distributed at the beginning of the semester for review and can be found electronically in the course Canvas shell and linked from the online Graduate Course Schedule.

## **Attendance Policy**

Online Courses: Students are expected to engage regularly with course content through the learning management system and other course delivery methods. Students who fail to participate consistently in course activities may receive a grade of "F" for the course

# **Reading Assignments**

Students are responsible for completing all reading assignments.

## **Professor's Policy on Late Assignments**

All work is due on the assigned date in the syllabus. The grade for late assignments will automatically be reduced by four (4) points per day.

## **Professor's Availability and Assignment Feedback**

The student may contact the professor at any time using the email address provided in the course syllabus or through the Canvas messaging function. The professor will make every effort to return answers to emailed questions within 24 hours. Assignments requiring grading will be returned to the student within a reasonable period of time. Student feedback on graded assignments will be provided through the Canvas grading function for each assignment. The student may also email the course grader or instructor with questions regarding grading.

## Help for Writing Papers at the NOBTS Writing Center

This is the official NOBTS Writing Center online help site for writing academic papers and essays: <a href="http://www.nobts.edu/writing/default.html">http://www.nobts.edu/writing/default.html</a> You will discover writing guides, tips, and valuable information to help you become a better writer. Go here for Turabian and APA style helps and guidelines. You will also find language fonts for Greek and Hebrew.

**The NOBTS Style Guide** is the official style guide for all seminary papers (unless the course specifies a different form and style, such as APA or SBL) and can be found in the course Canvas shell or online at the Writing Center's page on the seminary website at:

https://www.nobts.edu/ resources/pdf/writing/StyleGuide.pdf

## **Academic Honesty Policy**

All graduate and undergraduate NOBTS students, whether on-campus, internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.

## **Plagiarism on Written Assignments**

NOBTS has a no tolerance policy for plagiarism. Please be aware that plagiarism in certain cases may result in expulsion from the seminary. Refer to the NOBTS Student Handbook <a href="http://www.nobts.edu/\_resources/pdf/studentservices/NOBTSHandbook.pdf">http://www.nobts.edu/\_resources/pdf/studentservices/NOBTSHandbook.pdf</a> where the definition, penalties and policies associated with plagiarism are clearly defined.

## **Extra Credit**

Extra credit is not offered in this course. Students with hardships, emergencies, or other situations impacting academic performance are encouraged to contact the professor as soon as possible to explore options appropriate to their specific situations.

## **Technical Assistance**

For assistance regarding technology, consult ITC (504-816-8180) or the following websites:

- <u>Selfserve@nobts.edu</u> Email for technical questions/support requests with the <u>Selfserve.nobts.edu</u> site (Access to online registration, financial account, online transcript, etc.)
- <u>CanvasHelpDesk@nobts.edu</u> Email for technical questions/support requests with the NOBTS Canvas Learning Management System <u>NOBTS.Canvas.com</u>.
- <u>ITCSupport@nobts.edu</u> Email for general technical questions/support requests.
- www.NOBTS.edu/itc/ General NOBTS technical help information is provided on this website.

## Netiquette

Netiquette refers to appropriate online behavior in Canvas or other online discussions. Each student is expected to demonstrate appropriate Christian behavior when working online on Discussion Boards or whenever interaction occurs through web, digital, or other electronic medium. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is always expected in the online environment.

## **Academic Policies**

Academic policies relater to absences, grading scale, final examination schedules, and other topics can be found in the current online catalog: *New Orleans Baptist Theological Seminary Academic Catalog.* 

# **Online Course Reminder/Warning**

Online courses are, by nature, a different kind of learning experience than courses taught in the traditional classroom. Because of this structure, this online course is more reading and writing intensive than traditional classroom courses. Rigorous study of the deep things of God can be a rewarding experience for anyone who participates in it, but it also calls for extra diligence and integrity in completing the work. This reality does not mean that an online course cannot be successful in equipping you, the student, for effective, God-honoring ministry. It simply means utilizing a different strategy. Internet courses allow room for independent learners to thrive—to work at a responsible pace, to engage in student-led discussions, and to take ownership of the learning of course content. Note that your instructors are praying for your success.

#### **Policy for Graduating Students**

Graduating students are responsible for alerting the professor of your intention to graduate. All of your assignments must be completed by noon (12:00 PM) on the Wednesday prior to commencement exercises.

# RECOMMENDED READING

(Although these books are not required, they provide helpful information for further study in areas covered by the course.)

Ash, Christopher (2016). *Zeal Without Burnout: Seven keys to a lifelong ministry of sustainable sacrifice.* London, UK: The Good Book Company. ISBN-13: 978-1784980214

Clinton, Timothy, & George Ohlschlager (Eds.). (2002). *Competent Christian Counseling, Volume One: Foundations & Practice of Compassionate Soul Care*. Colorado Springs, Colorado: WaterBrook Press.

Clinton, Tim, Archibald Hart, & George Ohlschlager (Eds.). (2006). *Caring for People God's Way: Personal and Emotional Issues, Addictions, Grief, and Trauma*. Nashville, TN: Nelson Reference & Electronic.

Sande, Ken (2004). *The Peacemaker: A Biblical Guide to Resolving Personal Conflict*. Third Edition, Revised and Updated. Grand Rapids, Michigan: Baker Books.

Simpson, Amy. (2013). *Troubled Minds: Mental Illness and the Church's Mission*. IVP Books. ISBN-13: 9780830843046

Thomas, Alan (2017). *Tackling Mental Illness Together: A Biblical and Practical Approach*. Downers Grove, IL: InterVarsity Press. ISBN: 978-1-7835-9559-4

Yarhouse, Mark. (2010). *Homosexuality and the Christian: A Guide for Parents, Pastors, and Friends*. Bloomington, MN: Bethany House Publishers. ISBN-13: 978-0764207310

Yarhouse, Mark. (2015). *Understanding Gender Dysphoria: Navigating Transgender Issues in a Changing Culture.* Downers Grove, IL: IVP Academic. ISBN-13: 978-0830828593

## **Selected Bibliography**

The following texts represent some of the resources in the field.

- Ash, Christopher (2016). Zeal Without Burnout: Seven keys to a lifelong ministry of sustainable sacrifice. London, UK: The Good Book Company. ISBN-13: 978-1784980214
- Benner, David G. Strategic Pastoral Counseling: A Short-Term Structural Model. Grand Rapids, Michigan: Baker, 1992. Berkley, James D. Called into Crisis: The Nine Greatest Challenges of Pastoral Care. The Leadership Library, Vol. 18. Carol Stream, IL: Christianity Today/Word, 1989.
- Bolton, Robert (1979) *People Skills: How to Assert Yourself, Listen to Others, and Resolve Conflicts.* New York: Touchstone/Simon & Schuster.
- Burns, Bob, Chapman, Tasha, & Guthrie, Donald C. *Resilient Ministry: What Pastors Told Us About Surviving and Thriving*. Downers Grove, IL: InterVarsity Press, 2013.
- Chambers, Oswald. *Biblical Psychology: Christ-Centered Solutions for Daily Problems*. Grand Rapids, MI: Discovery House Publishers, 1912/1962.
- Clebsch, William A., and Jaekle, Charles R. *Pastoral Care in Historical Perspective, An Essay with Exhibits*. Englewood Cliffs, N.J.: Prentice-Hall, 1964.
- Clinton, Tim, Hart, Archibald, & Ohlschlager, George. (Eds). *Caring for People God's Way: Personal and Emotional Issues, Addictions, Grief, and Trauma* (Nashville, TN: Nelson Reference & Electronic, 2006).
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- Drakeford, John W., & King, Claude V. *Wise Counseling: Skills for Lay Counseling*. Nashville, Tennessee: LifeWay Press, 1988.
- Dupont, Marc A. *Toxic Churches: Restoration from Spiritual Abuse*. Grand Rapids, MI: Chosen Books, 1997, 2004. Egan, Gerard. *The Skilled Helper*. 7<sup>th</sup> ed. Pacific Grove, CA: Brooks/Cole, 2002.
- Fletcher, M. Scott. *The Psychology of the New Testament*, 2<sup>nd</sup> ed. London: Hodder and Stoughton, 1912.
- Floyd, Scott. Crisis Counseling: A Guide for Pastors and Professionals. Grand Rapids: Kregel, 2008.
- Hambrick, Brad. Do Ask, Do Tell, Let's Talk: Why and How Christians Should Have Gay Friends. Cruciform Press, 2016.
- Hesselgrave, David J. *Counseling Cross-Culturally: An Introduction to Theory and Practice for Christians*. Grand Rapids, Michigan: Baker Book House, 1984.
- Holmes, Arthur F. All Truth is God's Truth. Grand Rapids, Michigan: William B. Eerdmans, 1977.
- Johnson, Eric L. God & Soul Care: The Therapeutic Resources of the Christian Faith. 2017.
- Johnson, Eric L. Foundations for Soul Care: A Christian Psychology Proposal. Downers Grove, Illinois: IVP Academic, 2007.
- Johnson, Eric L. (Ed.). Psychology & Christianity: Five Views. Downers Grove, IL: InterVarsity Press, 2010.
- Kellemen, Robert W. *Martin Luther's Counseling: Spiritual Care in Historical Perspective*. E-Document in Word Format (218 Pages) <a href="https://www.rpmbooks.org/">http://www.rpmbooks.org/</a>
- Kellemen, Robert W. Soul Physicians: A Theology of Soul Care and Spiritual Direction. Taneytown, MD: RPM Books, 2005; Revised and Updated: Winona Lake, IN: BMH Books, 2007.
- Kellemen, Robert W. Spiritual Friends: A Methodology of Soul Care and Spiritual Direction. Taneytown, MD: RPM Books, 2004; Revised and Updated: Winona Lake, IN: BMH Books, 2007.
- Kollar, C. A. Solution-Focused Pastoral Counseling. Grand Rapids, Michigan: Zondervan, 1997.
- Lingenfelter, Sherwood G, & Mayers, Marvin K. *Ministering Cross-Culturally: An Incarnational Model for Personal Relationships*. Grand Rapids, Michigan: Baker Book House, 1986.
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- Wilson, Michael Todd. *Unburdened: The Christian Leader's Path to Sexual Integrity*. Downers Grove, IL: InterVarsity Press, 2015.
- Wilson, Rod J. K. *Counseling and Community: Using the Church Relationships to Reinforce Counseling*. Vancouver, British Columbia: Regent College Publishing, 1995, 2003.
- Woodward, John B. *Man as Spirit, Soul, and Body: A Study of Biblical Psychology*. Pigeon Forge, TN: Grace Fellowship International, 2007.
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