



**COUN6186 Special Topics in Counseling  
[EMDR Training Practicum 2022]  
Division of Counseling  
Summer 2022**

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### **I. Mission Statement**

New Orleans Baptist Theological Seminary and Leavell College prepare servants to walk with Christ, proclaim His truth, and fulfill His mission.

### **II. Course Description:**

EMDR Training prepares the student to engage in the use of the evidence-based trauma treatment modality *Eye Movement Desensitization Reprocessing*. Training in this modality requires a Practicum including 10 hours of consultation as the student practices the techniques with clients. This class is designed specifically for students who have completed their requirements for clinical practice in one of the Counseling Programs, but would like to work across the summer term in order to complete the EMDR training.

### **III. Student Learning Outcomes:**

By the completion of this course, students should be able to:

- Demonstrate knowledge of evaluating clients for readiness for EMDR
- Describe preparation for EMDR including the role of State Change Strategies
- Demonstrate the ability to use standard EMDR Therapy Protocol
- Identify how EMDR therapy might be used with complex clients and complex cases.

### **IV. Required Text:**

Shapiro, Francine. (2017). *Eye movement desensitization and reprocessing*. (3<sup>rd</sup> ed.)

### **V. Requirements:**

- A. The student is expected to work at the LMCCC with 2-4 clients until the last week of July.
- B. The student will be required to meet one hour a week with an individual supervisor assigned by the Clinical Director, and record those hours for verification signature on Tevera.
- C. Complete 10 hours of Group Consultation during the months of June and July.

**VI. Course Evaluation:** The Practicum will be evaluated as follows:

- A. Completion of 1 hour of individual supervision for the weeks of June 6 through the week of July 25.
- B. Completion of all 10 hours of Group Consultation for the weeks of June 6 through the week of July 25.
- C. Maintaining a minimum of 2 clients during the practicum.

**VII. Grading:**

Completing Individual Supervision: 33%  
Completing Group Consultation 33%  
Maintaining a minimum of 2 clients during the practicum: 34%

**VIII. Selected Bibliography**

Books and articles assigned as needed –determined by client's needs.