

COUN6331 Professional Issues in Clinical Mental Health Counseling New Orleans Baptist Theological Seminary Division of Counseling Spring 2023 – Hybrid- Mondays 8:00-11:50 NOLA2U Live Jan.23, Feb.20, March 20, April 24

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### **Mission Statement**

New Orleans Baptist Theological Seminary and Leavell College prepare servants to walk with Christ, proclaim His truth, and fulfill His mission.

### **Mission Statement of the Counseling Program**

The mission of the NOBTS Counseling Program is to provide training and supervised experience in evidence-based counseling methods to help people deal with life issues in a biblically sound way and prepare students for licensure in counseling and counseling-related professions. We seek to produce graduates who have the values, knowledge, skills, and personal disposition to promote the mental health and holistic wellness of clients across diverse populations.

#### **Course Description**

This course is the capstone course for the counseling program and it is designed to address practical issues relevant to the practice of professional marriage and family counseling. The course will be presented as a hybrid, with a portion of the course being taught through Canvas and the other portion in class. The following topics will be addressed: preparing for the National Counselor Exam (NCE) & Counselor Preparation Comprehensive Exam (CPCE), applying for licensure and certification (LPC, NBCC, AAMFT), advocacy, resumes and interviews, and practice management. December graduates must take this course in spring semester prior to graduation and May graduates must take this course in the fall semester prior to graduation.

#### **Program Objectives:**

#1. Equip students to synthesize theoretical and empirical knowledge in the field of counseling.

#2. Train students to have the necessary academic and clinical skills to obtain professional licensure.

#3. Equip students to develop a deeper understanding of cultural diversity to enhance counseling skills.

#4. Train students to Integrate historical Christian beliefs, faith, and spirituality with the best practices of mental health science, in an ethical manner.

#### Signature Assignment

Key Performance Indicator	Learning Experiences	Assessments
CACREP 2.F.2.c	MAKSS	As a Capstone Course, this
KPI 2.1 – Multicultural		assessment is included. The
Awareness		assessment will be given in
		session 3

KPI 9.1.3 – Professional	Post-test	Included in Canvas
Organization requirements &		
benefits		

# **Course Objectives**

Course Objectives	Learning Experiences	Assessments
1. Demonstrate knowledge and	Instruction	Weekly Quizzes
understanding of each of the eight	Canvas Discussion Boards	Final Exam - CPCE
common core areas of professional	Lecture	
counseling (professional	Guest Speakers	
counseling orientation and ethical		
practice, social and cultural	Readings:	
diversity, human growth and	EOC: Chapters 1-13	
development, career development,		
counseling and helping	Audio CDs:	
relationships, group counseling	Disks 1-10	
and group work, assessment and		
testing, research and program		
evaluation). [1]		
2. Develop strategies for preparing	Instruction	Final Exam – CPCE
for the CPCE, NCE, and applying for	Canvas Discussion Boards	Practice Licensure Application
professional licensure.	Lecture	
(2.F.1.g)	Guest Speakers	
	Reading:	
	ENC: Chapters 1, 2	
3. Develop professional	Instruction:	Resume & Cover Letter
competencies related to applying	Lecture	Essay Assignment
and interviewing for counseling	Canvas Discussion boards	
positions. (2.F.1.h)	Guest Speakers	
	Reading:	
	ENC: Chapters 9, 10	
	Audio CD: Part 1 (Disk 10)	
4. Explore issues related to the	Instruction:	Participation in class group work
multiple professional roles and	Lecture	and discussion.
responsibilities counselors have as	Class Discussion	
members of an interdisciplinary	Canvas Discussion board	Portfolio – Reflection Paper
community specifically with regard	Group Work	
to advocacy for the profession and		
for clients, emergency response,		
and community outreach.		
(2.F.1.b) (2.F.1.c) (2.F.1.d) (2.F.1.e)		

### Textbooks

### **Required Textbooks**

The following texts are required reading for class discussions and are to be read in their entirety unless otherwise specified.

Rosenthal, H. (2017). *Encyclopedia of counseling package* (4<sup>th</sup> ed.). New York, NY: Routledge. ISBN 9780367673420

## **Optional Texts**

- Gregoire, J. and Jungers, C. (2007). *The counselor's companion: What every beginning counselor needs to know* New York, NY: Routledge. ISBN 9781138942653
- Helwig, A. (2015). Study guide for the National Counselor Examination & CPCE (7<sup>th</sup> ed.). Andrew Helwig Publisher. ISBN 9780964837775
- Rosenthal, H. (2009). Vital information and review questions for the NCE, CPCE and state counseling exams (3rd ed.) (Audio CD). New York, NY: Routledge, ISBN 9780415801416
- Mometrix Test Preparation (2016). *NCE flashcard study system: NCE test practice questions & exam review for the National Counselor Exam*. Beaumont, TX: Mometrix Media. ISBN 9781610722322

## **Course Teaching Methodology**

The course will involve the following methodologies: reading assignments, online quizzes, discussion boards, guest speakers / panel discussions, lecture, and portfolio development.

	Assignment / Requirements & Description	Percentage	Due Date	
<b>Capstone Portfolio</b> – Each student will be expected to submit a portfolio Canvas that contains the following documents:			See Course Schedule	
Α.	Integration of Spirituality Clinical Mental Health Counseling Each student will compose an explanation of his or her personal rational and process for integrating biblical truth with evidence based counseling practices. Include a section on your anticipated response to a pastor who asks if the counseling you do is truly biblical, and a section on your anticipated response to a secular employer who asks if the counseling you do is really professional counseling. This document should be approximately 2 pages in length (single spaced).		for Due Dates	
В.	<b>Syllabi</b> from every graduate level counseling course the student has taken. This is submitted in Tevera. A typed list of course syllabi submitted needs to be included in the portfolio.			

# Course Requirements / Assignments

с.	Advocacy / Leadership In Marriage and Family Counseling Project Report Summary students will be responsible increasing personal involvement in leadership or advocacy for the Marriage & Family counseling profession. Students will need to get approval for the project prior to implementation. A brief, one- page summary of the project will be included in the portfolio. Projects may include, but not be limited to the following: attending a state licensing board meeting, volunteering with a professional organization, taking a leadership role in a professional organization. The Project Summary should include a description of the project, amount of time invested, personal reflection of the experience, and plans for future advocacy and leadership.		
D.	Current Resume		
E.	<ul> <li>Reflection Paper exploring</li> <li>1. how you have grown and changed throughout the counseling program</li> <li>2. plans following graduation</li> <li>3. identification of personal strengths and growing edges as an individual and a professional marriage and family counselor</li> <li>4. your role and responsibility as an advocate for the marriage &amp; family counseling profession, clients, couples, and individuals who have been marginalized.</li> </ul>		
F.	Book & Journal Article List – Provide a list of at least 15 books and five journal articles (peer reviewed) you consider to be the most essential or helpful in the field of Clinical Mental Health Counseling. A minimum or five of these resources must be written by a minority author. Place an asterisk beside the books and articles you read.		
Dis is p par stu per	<b>cussion &amp; Participation</b> – Participation is an essential element in all courses, but articularly important in a hybrid course. Each week students will be required to ticipate in a meaningful way in a discussion board in Canvas. In addition, dents are expected to contribute to class discussions when the class meets in son. Discussion board posts must be completed by Sunday at midnight (central ndard time).	10%	Weekly
rea wo rec larg eac	<b>rekly Online Quizzes</b> – Each week students will take a quiz in Canvas over the ding and audio CDs. You are allowed to retake the quiz as many times as you uld like. Each attempt will erase the previous score. Your grade will be orded from your last attempt. The questions are randomized and drawn from a ger pool of related questions, so the questions will vary in order and content on th attempt. Quizzes must be completed by Sunday evening at midnight central ndard time.	29%	Weekly
	al Exam – The final exam will be the CPCE which will be pass/fail. Failure to pass final exam will require the student to retake the course.	31%	Computer Lab

#### **Course Requirements**

Reading, lecture, discussion, group study sessions, portfolio development, audio CDs, and Canvas will be employed in this course of study. Students will prepare a Capstone Portfolio consisting of an integration of spirituality and marriage and family counseling essay, syllabi, PLPC application, resume, reflection paper, and book list. Students will also complete the CPCE. Students should be prepared to thoroughly discuss the reading material and demonstrate an understanding through class discussion and activities.

#### **Attendance Policy**

**Hybrid Classes:** Students are expected to attend and participate in the class sessions. Because of the nature of the hybrid, students who miss more than four hours may receive a grade of "F" for the course.

### If you are taking this course as a NOLA2U Live student, please note the following attendance policies:

- 1. The course on the New Orleans campus will be connected synchronously via Web conferencing with Internet students. These courses will require weekly attendance at the stated class meeting times.
- 2. Students are only allowed to miss the amount of class time specified in the NOBTS attendance policy as stated in this syllabus.

Technical issues will not be considered a valid reason for missing a class session

### Grading Scale

The following grade scale is used at NOBTS:

A: 93-100 B: 85-92 C: 77-84 D: 70-76 F: Below 70

Evaluation of Grade The student's grade will be computed as follows:

Capstone Portfolio	30%
Discussion & Participation	10%
Weekly Online Quizzes	29%
Final Exam (CPCE)	31%

### **Academic Honesty Policy**

All graduate and undergraduate NOBTS students, whether on-campus, internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.

#### **Academic Policies**

Academic policies related to absences, grading scale, final examination schedules, and other topics can be found in the current online catalog: <u>New Orleans Baptist Theological Seminary Academic Catalog.</u>

#### **Classroom Parameters**

Please arrive on time.

Turn off cell phones. Utilize laptops and other technology for class purposes only. Respect the professor and other members of the class. Maintain confidentiality when someone shares personal information. Participate in class and group discussions.

#### **Classroom Participation/Active Dialogue**

Student participation is expected. Class interaction is an important and valuable aspect of the learning environment where we can experience the truth of the Great Commandment by truly knowing one another.

#### **Disabilities and Accommodations**

New Orleans Baptist Theological Seminary does not discriminate against applicants/ students on the basis of personal disabilities. The Seminary, in voluntary compliance with the American Disabilities Act, will provide reasonable institutional accommodations, modifications, and adjustments to enable and empower students with disabilities to participate in Seminary programs and activities to the fullest extent possible. However, NOBTS cannot support accommodations that place undue hardship on the Seminary or its resources or which alter the essential requirements of curriculum and academic progress. While the seminary does not provide direct assistance to students in the form of equipment or personnel, accommodations may be made by individual professors at their discretion. These accommodations usually take the form of early access to lecture materials in electronic format and additional time to complete tests and assignments. The most efficient way to pursue such accommodations is to provide the Director of Testing and Counseling (Dr. Jeff Nave, jnave@nobts.edu, 504-282-4455 ext. 8004) with documentation of the condition for which you seek accommodation, an explanation of helpful accommodations received in the past, and a description of the specific accommodations you desire. The Director of Testing and Counseling will document your request and communicate on your behalf with the professors who teach the course(s) for which you are registered. The seminary reserves the right to consider each request for "special" accommodations on a case by case basis pursuant to the criteria enumerated above.

#### Diversity

The Counseling Program at NOBTS affirms the Christian doctrinal position that God created man in His own image, and that Christ died for man; therefore, every person of every race possesses full dignity and is worthy of respect and Christian love. We believe the counseling profession affords our students and graduates the opportunity to be "salt and light" (Matthew 5:13-16) whatever their places of service, and that a robust appreciation for and sensitivity to human diversity is key to that end. Further, a learning environment diverse in its people, curricula, scholarship, research, and creative activities expands opportunities for intellectual inquiry and engagement, helps students develop critical thinking skills, and prepares students for social and civic responsibilities. Students and faculty benefit from diversity. The quality of learning, research, scholarship, and creative activities are enhanced by a climate of inclusion, understanding, and appreciation of the full range of human experience. We are committed to nurturing and training a diverse student body in an atmosphere of mutual respect and appreciation of differences. As a result, the counseling program is committed to diversity and equal opportunity and recognizes that it must represent the diversity inherent in American society, reflected in our local community, and aligned with the core values of the NOBTS community.

#### **Emergencies:**

In cases of emergency, such as hurricanes, disease outbreaks, or other disasters, go to the seminary website (<u>www.nobts.edu</u>) for information. The seminary administration will post information, such as the nature of the emergency, instructions for response, and evacuation and return dates. Please check Canvas for information specific to this course. Because Canvas is available, the course will continue even if the main campus is closed. Please consider registering for the seminary's priority text messaging service

through <u>Self-Serve</u>. This service is used only in emergencies, and will allow the seminary to deliver urgent information to you as needed.

#### Extra Credit:

No extra credit will be given in this course.

### Writing Style

All papers in counseling courses are to be written in American Psychological Association (APA) style. Please see the latest edition of the *Publication Manual of the American Psychological Association*.

#### Netiquette

Netiquette refers to appropriate online behavior in Canvas or other online discussions. Each student is expected to demonstrate appropriate Christian behavior when working online on Discussion Boards or whenever interaction occurs through web, digital, or other electronic medium. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is expected at all times in the online environment.

### Plagiarism on Written Assignments

NOBTS has a no tolerance policy for plagiarism. Plagiarism in certain cases may result in expulsion from the seminary. See the NOBTS Student Handbook for definition, penalties, and policies associated with plagiarism.

### **Policy for Graduating Seniors**

Graduating Seniors are responsible for alerting the professor of your intention to graduate. All of your assignments must be completed by noon (12:00 PM) on the Wednesday prior to commencement exercises.

#### **Professor's Policy on Late Assignments**

All work is due by 11:59 PM (Central Time Zone) on the due date listed in the syllabus. For this policy, "days" are calendar days from 12:00 AM to 11:59 PM. Work turned in one to seven days late will receive a 10% deduction; work turned in eight to fourteen days late will receive a 20% deduction; work will not be accepted after 14 days. No coursework will be accepted after the last final exam day of the semester as listed in the graduate catalog. In cases of extreme extenuating circumstances, students may appeal to the counseling department faculty for an exception to this policy by completing a form available from the Counseling Division Administrative Assistant.

#### **Technical Assistance**

For assistance regarding technology, consult ITC (504-816-8180) or the following websites:

- 1. <u>Selfserve@nobts.edu</u> Email for technical questions/support requests with the <u>Selfserve.nobts.edu</u> site (Access to online registration, financial account, online transcript, etc.)
- 2. <u>Canvas.NOBTS.com</u> Click on the "Help" button for technical questions/support requests regarding the NOBTS Canvas System. You can also email questions to <u>Canvas@nobts.edu</u>.
- 3. ITCSupport@nobts.edu Email for general technical questions/support requests.
- 4. <u>www.NOBTS.edu/itc/</u> General NOBTS technical help information is provided on this website.

#### Writing Center

NOBTS has adopted a Quality Enhancement Plan to improve English writing at the graduate level. As part of this effort, NOBTS has established a writing center located in the Hardin Student Center (290B). Visit the official <u>NOBTS Writing Center</u> online help site for writing academic papers and essays. You will discover writing guides, tips, and valuable information to help you become a better writer. Go here for Turabian and APA style helps and guidelines. You will also find language fonts for Greek and Hebrew. More information about how to set up an appointment for writing assistance is available on the writing center page.

### Writing Style

All papers are to be written in American Psychological Association (APA) style. Please see the APA Manual 6th edition. Be thorough, and answer completely all the questions in the assignment

### **Course Schedule**

Week #	Date	Topic	Assignment
	Tues. Jan.17	Study Guides	Thoroughly review the syllabus
1		How to End Exam Worries	Enc. = Ch. 1, 2
1			Discussion Board
	Mon., Jan.23	In Class Meeting #1 - Advocacy & Practice Management	Enc. = Ch.3
			ACD = Part 1 (Disk 2, 3)
2		Human Growth & Development	Discussion Board
			Quiz #1
	Mon., Jan.30	Social & Cultural Diversity	Enc. = Ch. 4
		Social & Cultural Diversity	ACD = Part 1 (Disk 3)
3			Discussion Board
			Quiz #2
	Mon., Feb.6	Counseling & Helping Relationships	Enc. = Ch. 5
4			ACD = Part 1 (Disk 4, 5, 6, 7)
-			Discussion Board
			Quiz #3
	Mon., Feb.13	Group Counseling & Group Work	.Enc. = Ch. 6
5			ACD = Part 1 (Disk 7, 8)
5			Discussion Board
			Quiz #4
6	Mon., Feb.20	In Class Meeting #2 – Resume Writing & Interviewing Skills	Assignment: Prepare a current resume and suitable for
υ			applying for a counseling position

	Mon., Feb.27	Career Development	Enc. = Ch. 7
7			ACD = Part 1 (Disk 8, 9)
			Discussion Board
			Quiz #5
	Mon., March 6	Assessment & Testing	Enc.= Ch. 8 ACD = Part 1 (Disk 9, 10)
8			Discussion Board
			Quiz #6
	Mon., March 13	Spring Break	
9			
	Mon., March 20	In Class Meeting #3 – Applying for	Assignment:
		Professional Licensure	- Bring organized records of your
			clinical training – including courses
			& counseling hours (general, direct,
		CPCE Registration	group, individual, couple, and
10			family).
10			<ul> <li>Bring a list of syllabi you have</li> </ul>
			loaded into Tevera for the graduate
			level counseling courses you have
			taken.
			Review the PLPC requirements prior to
			attending class.
	Mon. March 27	Research & Program Evaluation	Enc. = Ch. 9, 10
11			ACD = Part 1 (Disk 10)
11			Discussion Board
			Quiz #7
	Mon. April 3	Professional Development & Ethical	
10		Practice	Enc. = Ch. 10
12			Quiz #8
	Mon., April 10	Counseling Families, Diagnosis, Neuro- counseling and Advanced Concepts	Enc. = Ch. 11
			ACD = Part 1 (Disk 10)
13			Quiz #9

	Mon., April 17	Overview & Graphical Representations	Enc. Ch. 12 & 13
14			Discussion Board
			Quiz #10
	Mon., April 24	In Class Meeting #4 – Integration of Spirituality & Counseling	Assignment:
		spirituanty & courseing	Integration of Spirituality & Counseling
			Essay:
			- Write a verbatim of what you would say to explain Christian counseling and the
15			concept of integration in a Christian setting.
			-Write a verbatim of what you would say to explain Christian counseling and the
			concept of integration in a secular setting.
			Advocacy Project Due
10	Mon., May 1	Study for CPCE	
16			Portfolios Materials All Due
		CPCE – Final Exam	

### Selected Bibliography

### Human Growth and Development

- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: Author.
- Santrock, J. W. (2010). Life-span development (13th ed.). New York, NY: McGraw-Hill.
- Gilligan, C. (1993). In a different voice: Psychological theory and women's development 6th ed.). Cambridge, MA: Harvard University Press.
- Ivey, M.B, Myers, J.E, Sweeney, T.A. & Ivey, A.E. (2007). *Developmental counseling and therapy: Promoting wellness over the lifespan* (2nd ed.). Pacific Grove, CA: Brooks/Cole.

### Social and Cultural Diversity

- Sue, D. W., & Sue, D. (2012). *Counseling the culturally diverse: Theory and practice* (6<sup>th</sup> ed.). New York, NY: Wiley.
- Atkinson, D. R. (2003). *Counseling American minorities: A cross-cultural perspective* (6<sup>th</sup> ed.). New York, NY: McGraw-Hill.

Goldenberg, I, & Goldenberg, H. (2012). *Family therapy: An overview* (8th ed.). Pacific Grove, CA: Brooks/Cole.

- Ivey, A. E., D'Andrea, M.J., & Ivey, M. B., & Simek-Morgan, L. (2011). *Counseling and psychotherapy: A multicultural perspective* (7th ed.). Boston, MA: Allyn & Bacon.
- McGoldrick, M., Pearce, J. K., & Giordana, J. (Eds.). (2005). *Ethnicity and family therapy* (3rd ed.). New York, NY: Guilford Press.
- Ponterotto, J., Casas, J. M., Suzuki, L. A., & Alexander, C. M. (Eds.). (2009). *Handbook of Multicultural counseling* 3rd ed.). Newbury Park, CA: Sage.

#### **Helping Relationships**

- Corey, G. (2012). Theory and practice of counseling and psychotherapy (9th ed.). Pacific Grove, CA: Brooks/Cole.
- Corey, G. (2012). *Student manual for theory and practice of counseling and psychotherapy*. Pacific Grove, CA: Brooks/Cole.
- Egan, G. (2013). *Exercises in helping: A training manual to accompany the skilled helper* (8th ed.). Belmont, CA: Wadsworth.
- Egan, G. (2013). *The skilled helper: A problem management approach to helping* (9th ed.). Belmont, CA: Wadsworth.
- Hackney, H., & Cormier, L. S. (2012). *The professional counselor: A process guide to helping* (7th ed.). Boston, MA: Allyn & Bacon.
- Ivey, A. E., Ivey, M.B, & Zalaquett, C.P. (2013). *Intentional interviewing and counseling: Facilitating a client development in a multicultural society* (8th ed.). Belmont, CA: Wadsworth.
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- Corsini, R. J. & Wedding, D. (2011). Current psychotherapies (8th ed.). Itasca, IL: Peacock.
- Sharf, R. S. (2011). *Theories of psychotherapy and counseling: Concepts and cases* (5<sup>th</sup> ed.). Belmont, CA: Wadsworth.
- Evans, D. R, Hearn, M. T., Uhlemann, M. R., & Ivey, A. E. (2010). *Essential interviewing: A programmed approach to effective communication* (7th ed.). Belmont, CA: Brooks/Cole.
- Goldenberg, I., & Goldenberg, H. (2012). Family therapy: An overview (8th ed.). Pacific Grove, CA: Brooks/Cole.
- Nichols, M. (2010). Family therapy: Concepts and methods (10th ed.). Boston, MA: Allyn & Bacon.
- Henderson, D. A. & Thompson, C.L. (2010). Counseling children (8th ed.). Belmont, CA: Wadsworth.

#### **Group Work**

Corey, G. (2008). Theory and practice of group counseling (8th ed.). Pacific Grove, CA: Brooks/Cole.

Corey, G., & Corey, M. S. (2013). *Groups: Process and practice* (8th ed.). Pacific Grove, CA: Brooks/Cole.

Yalom, I. D. (2005). Theory and practice of group psychotherapy (5th ed.). New York, NY: Basic Books.

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- Capuzzi, D., Gross, D. R. & Stauffer, M. D. (Eds.). (2011). *Introduction to group counseling* (5th ed.). Denver, CO: Love.

Gladding, S. (2011). Group work: A counseling specialty (6th ed.). Englewood Cliffs, NJ: Prentice Hall.

#### **Career Development**

Zunker, V. G. (2011). Career counseling: A holistic approach (8th ed.). Belmont, CA: Wadsworth.

- Sharf, R. (2013). Applying career development theory to counseling (6th ed.). Pacific Grove, CA: Brooks/Cole.
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#### Assessment

- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: Author.
- Drummond, R. J & Karyn Dayle Jones. (2009). *Appraisal procedures for counselors and helping professionals* (7<sup>th</sup> ed.). Englewood Cliffs, NJ: Prentice-Hall.
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### **Research and Program Evaluation**

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### **Professional Orientation and Ethical Practice**

American Counseling Association. (2014). Code of ethics and standards of practice. Alexandria, VA: Author.

- Corey, G., Corey, M. S., & Callanan, P. (2010). *Issues and ethics in the helping professions* (8th ed.). Pacific Grove, CA: Brooks/Cole.
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