

ANSWERING GOD'S CALL

COUN5311 The Bible in the Professional Counselor New Orleans Baptist Theological Seminary Division of Church and Community Ministries Spring 2020

Professor: Dr. Kathryn Steele (504-252-4455, ext. 8306); email: ksteele@nobts.edu

Office: LMCCC 104-E

Tuesday 12:30 p.m-3:20 p.m.

Leeke Magee Christian Counseling Center

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Mission Statement

New Orleans Baptist Theological Seminary and Leavell College prepare servants to walk with Christ, proclaim His truth, and fulfill His mission.

Mission Statement of the Counseling Program

The mission of the NOBTS Counseling Program is to provide training and supervised experience in evidence-based counseling methods to help people deal with life issues in a biblically sound way and prepare students for licensure in counseling and counseling-related professions. We seek to produce graduates who have the values, knowledge, skills, and personal disposition to promote the mental health and holistic wellness of clients across diverse populations.

Core Value Focus

The seminary has five core values: Doctrinal Integrity, Spiritual Vitality, Mission Focus, Characteristic Excellence, and Servant Leadership. The core value focus for this academic year is Spiritual vitality.

Curriculum Competencies

All graduates of NOBTS are expected to have at least a minimum level of competency in each of the following areas: Biblical Exposition, Christian Theological Heritage, Disciple Making, Interpersonal Skills, Servant Leadership, Spiritual and Character Formation, and Worship Leadership. The curriculum competencies addressed in this course are: Biblical Exposition, Interpersonal Skills, and Spiritual and Character Formation.

Course Description

Recognizing the need for personal integration of the Bible into the counselor's own life, this course is designed to examine and express the connections between humans and God as defined in Scripture. Models of integrating Scripture and counseling are presented. Students are challenged to learn effective, therapeutic methods of sharing Biblical passages, principles, theology, and historical contexts with counselees. God's word is presented as the truth, which permeates the presence of the Christian counseling environment.

Course Teaching Methodology

The course will involve the following methodologies: reading and writing assignments, dialogues, lectures, class presentations, and written examinations.

Program Objectives:

#4. Train students to integrate historical Christian beliefs, faith, and spirituality with the best practices of mental health science, in an ethical manner.

Course Objectives

Course Objectives	Learning Experiences	Assessments
Increase in knowledge of the integration of Scripture and counseling by gaining knowledge about how Scripture impacts character formation (CACREP 2.F. d, k; 2.f.5.f) Increase ability to apply biblical principles to the student's personal	Instruction: Lectures: Benefits of Memorizing God's Word & Techniques; Elements for Transformation Instruction: Lectures: Incarnational Counseling; Transformation of the	Daily Journal of Insights Weekly Group Review Daily Journal of Insights
life and in counseling issues presented by clients by developing skills to make the discipline of memorizing God's Word easier, and in applying biblical truth to counseling issues (CACREP 2.F.2.g), and to learn how to assess for issues related to transformation rather than just improved functioning in the client. (CACREP 2. 5.f)	Nature and Character of the Christian Counselor (Romans 12:1-2 and Luke 2:52 Patterns); Vernick; Scripture Memorization and Meditation; Scripture Prayer; Importance of Science and Faith and Their Interaction; A Healthy Theology of Suffering; Sin and Grace in Christian Counseling; The Importance of Emotional Health; Development and Maintenance of Relational Health; Developing and Maintaining Spiritual Health; Kellemen; Meditation of weekly passages in Philippians; Tracking Exercises Readings: Vernick, McMinn, & Kellemen; Articles: Does Case Conceptualization Really Matter; Role of Fantasy; Creating a Vision	Reading Assignments
Increase in valuing the impact of memorizing and meditating on a large portion of Scripture.(CACREP 2.F.5.f)	Instruction: Memorization and meditation of Philippians; Journal Entries;	Daily Journal of Insights Recitation of Philippians 1-2 Recitation of Philippians 1-4

Course Requirements/Assignments

Assignment/Requirements & Description		Due Date
1. Class Participation 2. Post/Pre Survey Class Participation is based on student's attendance and interactions during class discussions. Occasionally a small written assignment may be assigned concerning the discussion of the texts used for the course. Students are responsible to completed and turn in these assignments. Each student is allotted 3 absences (9 hours). Three tardies are counted as one absence. Any additional absences will result in failure of the course. Please see the Graduate Catalog for a detailed description of the seminary's absence/tardy policy.		Beginning of Term End of term
2. Reading Assignments Reading Assignments are an important part of preparation for class discussion. Each class period a reading assignment is due students will record a report of percentage read of assigned readings. Please report your reading percentage on Blackboard		As assigned

each week as assigned. You may either report on the Discussion Board, or you may report via the Mobil option. Please try to use the same report method weekly.		
3. Memorization of Philippians Memorization of the book of Philippians is a major project in this course. About 20- 40 minutes of each class period will be dedicated to working on memory work of this book of the Bible. By the end of the semester the student will be expected to be able to quote the entire book of Philippians. The New International Version (1984) will be used. Chapters 1-2 (Mid-term Exam) (15%) Chapters 1-4 (Final Exam) (25%)	40%	May 5-9
Discipline of Memorization of Philippians:		
A. Goal Log For Review Keep a log/chart of daily review and maintain 85% of your goals. See Goals Chart Example. You will need to make your own chart and copy enough pages for semester (or MS Excel version on BB/Course Docs).	10%	
Complete #A (In addition to assignments 1, 2, & 3) to be able to achieve a "C."	10%	Log Weekly
B. Write a Daily Journal of Insights Record insights from the verses you are studying for the week (2x per week minimum). These journal entries should be based on what you are personally learning from the verses, and applying to your life. Please post your journal entries on Blackboard in the appropriate place Complete A and B (in addition to assignments 1, 2, & 3) to be able to achieve a "B."		Turn in Logs Weeks 1-9 no later than 3/26
C. Weekly Group Review—1 time per week Minimum 15 min. Spend the entire time reviewing. (3 people minimum). Record a weekly report of your group review time—who was there, and how you reviewed. Each person will turn in a report. (See Group Review Report) If no one in your Group comes to meet, you can do this review with a friend. Complete A, B, & C (in addition to assignments 1, 2, &3) to achieve an "A."	10%	Turn in Weeks 10-16 on 5/7

NOTICE: Blackboard Course COUN5311KS contains the powerpoint notes from lectures and other important material from the course.

Textbooks

Required Textbooks:

(Required): Kellemen, R. (2014). Gospel centered counseling: How Christ changes lives. Grand Rapids, MI: Zondervan. IBSN: 978-0310516132

(Required): McMinn, M.R. (2008). Sin and grace in Christian counseling. Downers Grove, IL:

InterVarsity Press Academic. ISBN: 978-0830828517

(Required): Vernick, Leslie. (2009). How to live right when your life goes wrong. Colorado

Springs, CO: Waterbrook Press. ISBN: 978-0307458490

Grading Scale:

The following grading scale is used at NOBTS:

A: 93-100

B: 85-92

C: 77-84

D: 70-76

F: Below

Technical Assistance

For assistance regarding technology, consult ITC (504-816-8180) or the following websites:

- 1. <u>Selfserve@nobts.edu</u> Email for technical questions/support requests with the <u>Selfserve.nobts.edu</u> site (Access to online registration, financial account, online transcript, etc.)
- 2. <u>BlackboardHelpDesk@nobts.edu</u> Email for technical questions/support requests with the NOBTS Blackboard Learning Management System <u>NOBTS.Blackboard.com</u>.
- 3. ITCSupport@nobts.edu Email for general technical questions/support requests.
- 4. www.NOBTS.edu/itc/ General NOBTS technical help information is provided on this website.

Academic Honesty Policy

All graduate and undergraduate NOBTS students, whether on-campus, internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.

Help for Writing Papers at "The Write Stuff"

NOBTS maintains a Writing Center designed to improve English writing at the graduate level. Students can receive writing guides, tips, and valuable information to help in becoming a better writer.

Plagiarism on Written Assignments

NOBTS has a no tolerance policy for plagiarism. Plagiarism in certain cases may result in expulsion from the seminary. See the NOBTS Student Handbook for definition, penalties, and policies associated with plagiarism.

Disabilities and Accommodations

New Orleans Baptist Theological Seminary does not discriminate against applicants/ students on the basis of personal disabilities. The Seminary, in voluntary compliance with the American Disabilities Act, will provide reasonable institutional accommodations, modifications, and adjustments to enable and empower students with disabilities to participate in Seminary programs and activities to the fullest extent possible. However, NOBTS cannot support accommodations that place undue hardship on the Seminary or its resources or which alter the essential requirements of curriculum and academic progress. While the seminary does not provide direct assistance to students in the form of equipment or personnel, accommodations may be made by individual professors at their discretion. These accommodations usually take the form of early access to lecture materials in electronic format and additional time to complete tests and assignments. The most efficient way to pursue such accommodations is to provide the Director of Testing and Counseling (Dr. Jeff Nave, jnave@nobts.edu, 504-282-4455 ext. 8004) with documentation of the condition for which you seek accommodation, an explanation of helpful accommodations received in the past, and a description of the specific accommodations you desire. The Director of Testing and Counseling will document your request and communicate on your behalf with the professors who teach the course(s) for which you are registered. The seminary reserves the right to consider each request for "special" accommodations on a case by case basis pursuant to the criteria enumerated above.

Diversity

The Counseling Program at NOBTS affirms the Christian doctrinal position that God created man in His own image, and that Christ died for man; therefore, every person of every race possesses full dignity and is worthy of respect and Christian love. We believe the counseling profession affords our students and graduates the opportunity to be "salt and light" (Matthew 5:13-16) whatever their places of service, and that a robust appreciation for and sensitivity to human diversity is key to that end. Further, a learning environment diverse in its people, curricula, scholarship, research, and creative activities expands opportunities for intellectual inquiry and engagement, helps students develop critical thinking skills, and prepares students for social and civic responsibilities. Students and faculty benefit from diversity. The quality of learning, research, scholarship, and creative activities are enhanced by a climate of inclusion, understanding, and appreciation of the full range of human experience. We are committed to nurturing and training a diverse student body in an atmosphere of mutual respect and appreciation of differences. As a result, the counseling program is committed to diversity and equal opportunity and recognizes that it must represent the diversity inherent in American society, reflected in our local community, and aligned with the core values of the NOBTS community.

Emergencies:

In cases of emergency, such as hurricanes, disease outbreaks, or other disasters, go to the seminary website (www.nobts.edu) for information. The seminary administration will post information, such as the nature of the emergency, instructions for response, and evacuation and return dates. Please check Blackboard for information specific to this course. Because Blackboard is available, the course will continue even if the main campus is closed. Please consider registering for the seminary's priority text messaging service through SelfServe. This service is used only in emergencies, and will allow the seminary to deliver urgent information to you as needed.

Netiquette

Netiquette refers to appropriate online behavior in Blackboard or other online discussions. Each student is expected to demonstrate appropriate Christian behavior when working online on Discussion Boards or whenever interaction occurs through web, digital, or other electronic medium. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is expected at all times in the online environment.

Plagiarism on Written Assignments

NOBTS has a no tolerance policy for plagiarism. Plagiarism in certain cases may result in expulsion from the seminary. See the NOBTS Student Handbook for definition, penalties, and policies associated with plagiarism.

Policy for Graduating Seniors

Graduating seniors are responsible for alerting the professor of your intention to graduate. All of your assignments must be completed by noon (12:00 PM) on the Wednesday prior to commencement exercises.

Professional Conduct

Students are expected to adhere to the appropriate code of ethic for their particular program. Any behavior deemed unethical will be grounds for dismissal from the program.

Professor's Availability and Assignment Feedback

The student may contact the professor at any time using the email address provided in the course syllabus. The professor will make every effort to return answers to emailed questions within a 24-hour period of time. Assignments requiring grading will be returned to the student within a reasonable period of time. Student feedback on graded assignments will be provided through the grading rubric located in the student's Blackboard Grade Book. The student will find comments in the grading rubric, as well as on graded paper assignments.

Professor's Policy on Late Assignments

All work is due on the assigned date in the syllabus. The grade for late assignments will automatically be reduced by 8 points per class period.

Plagiarism:

Plagiarism is considered by NOBTS to be a serious academic and ethical offense. It also has implications in the student's adherence to copyright. Read the NOBTS <code>Student Handbook</code> (p. 9) (See: http://www.nobts.edu/resources/pdf/StudentHandbook.pdf) for a description of plagiarism and how to avoid it. The seminary has instituted serious disciplinary consequences for plagiarism. See your style guides (APA or Turabian) for correct format for citation in your assignments.

Technical Assistance

For assistance regarding technology, consult ITC (504-816-8180) or the following websites:

- 1. <u>Selfserve@nobts.edu</u> Email for technical questions/support requests with the <u>Selfserve.nobts.edu</u> site (Access to online registration, financial account, online transcript, etc.)
- 2. <u>BlackboardHelpDesk@nobts.edu</u> Email for technical questions/support requests with the NOBTS Blackboard Learning Management System <u>NOBTS.Blackboard.com</u>.
- 3. <u>ITCSupport@nobts.edu</u> Email for general technical questions/support requests.
- 4. <u>www.NOBTS.edu/itc/</u> General NOBTS technical help information is provided on this website.

Writing Center

NOBTS has adopted a Quality Enhancement Plan to improve English writing at the graduate level. As part of this effort, NOBTS has established a writing center located in the Hardin Student Center (290B). Visit the official NOBTS Writing Center online help site for writing academic papers and

essays. You will discover writing guides, tips, and valuable information to help you become a better writer. Go here for Turabian and APA style helps and guidelines. You will also find language fonts for Greek and Hebrew.

More information about how to set up an appointment for writing assistance is available on the writing center page.

Writing Style

All papers are to be written in American Psychological Association (APA) style. Please see the APA Manual 6th edition. Be thorough, and answer completely all the questions in the assignments.

Student Services

This is a partial list of NOBTS student services available to all students, no matter your delivery system or location. If you have questions or do not see what you need here, please refer to www.nobts.edu/studentservices, email us at studentservices@nobts.edu, or call the Dean of Students office at 800-662-8701, ext. 3283. We are glad to assist you!

Need	Email	Phone	Web Page
Advising – Graduate Program	studentservices@nobts.edu	504.282.4455 x3312	www.nobts.edu/registrar/default.html #advising
Advising – Undergraduate Program	<u>lcadminasst@nobts.edu</u>	504.816.8590	www.nobts.edu/LeavellCollege
Church Minister Relations (for ministry jobs)	cmr@nobts.edu	504.282.4455 x3291	www.nobts.edu/CMR
Financial Aid	financialaid@nobts.edu	504.282.4455 x3348	www.nobts.edu/financialaid
PREP (help to avoid student debt)	Prepassistant1@nobts.edu	504.816.8091	www.nobts.edu/prep
Gatekeeper NOBTS news	pr@nobts.edu	504.816.8003	nobtsgatekeeper.wordpress.com
Information Technology Center	itcsupport@nobts.edu	504.816.8180	selfserve.nobts.edu
Help with Blackboard	blackboardhelpdesk@nobts.edu	504.816.8180	nobts.blackboard.com
Library	library@nobts.edu	504.816.8018	www.nobts.edu/Library
Online library resources	<u>library@nobts.edu</u>	504.816.8018	http://www.nobts.edu/research- links/default.html
Writing and Turabian style help	<u>library@nobts.edu</u>	504.816.8018	http://www.nobts.edu/writing/default. html
Guest Housing (Providence Guest House)	ph@nobts.edu	504.282.4455 x4455	www.provhouse.com
Student Counseling	lmccc@nobts.edu	504.816.8004	www.nobts.edu/studentservices/couns elingservices.html
Women's Programs	womensacademic@nobts.edu	504.282.4455 x3334	www.nobts.edu/women

For additional library resources in your state, check http://www.nobts.edu/library/interlibrary-loan.html

- **GALILEO** for Georgia students
- LALINC for Louisiana students
- Florida Virtual Library (http://www.flelibrary.org/) for Florida students
- Interact with us online at -







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Course Schedule

Reading and Assignment Schedule (subject to change)

Reading and Assignment Schedule (subject to change) Week Content of Study		Reading & Other Assignments	Philippians
Week 1 Tuesday 1/21	Course Introduction Benefits of Memorizing God's Word, Techniques	Complete Pre-Survey	Phil. 1:1-4
Week 2 Tuesday 1/28	Incarnational Counseling Vernick	Vernick Ch 1, 2 & 3	Phil. 1:5-8 Phil. 1:9-11
Week 3 Tuesday 2/4	Transformation of the Nature and Character of the Christian Counselor (Romans 12:1-2) Vernick	Vernick, Ch. 4, 5 and 6	Phil. 1:12-15 Phil. 1:16-19
Week 4 Tuesday 2/11	Luke 52:2 Pattern Discussion of Vernick	Vernick, Ch. 7, 8, 9 & 10 Reading Report Due	Phil. 1:20-23 Phil. 1:24-27
Week 5 Tuesday 2/18	Elements for Transformation	Paper: on BB/Course Documents: Does Case Conceptualization Really Matter? (Steele) Reading Report Due	Phil. 1:28-30 Phil. 2:1-4
Week 6 Tuesday 2/25	Mari Gras—No Class	Review scriptures with partner/friend/family this week—record on group page	Phil. 2:5-8 Phil. 2: 9-12
Week 7 Tuesday 3/3	Scripture Prayer	Powerpoint: Role of Fantasy Powerpoint: Creating a Vision Reading Report Due	Phil. 2: 13-16 Phil. 2: 17-20
Week 8 Tuesday 3/10	Importance of Science and Faith and Their Interaction	Sign up on Wiki for time for mid-term to recite chapters 1-2.	Phil. 2:21-24 Phil. 2:25-28
Week 9 Tuesday 3/17	Spring Break	Keep working!	Phil. 2: 29-3:1
Week 10 Tuesday 3/24	A Healthy Theology of Suffering	McMinn: Chapters 1-3 Scheduled Recitations of Philippians Chapters 1-2 (during the week)	Phil. 3: 2-4 Phil. 3: 5-8
Week 11 Tuesday 3/31	The Importance of Emotional Health	McMinn: Chapters 4-5	Mid Term Philippians 1 & 2

Week Content of Study		Reading & Other Assignments	Philippians
Week 12 Tuesday 4/7	The Importance of Emotional Health Discussion of McMinn	McMinn: Chapters 6-8 Reading Report Due	Phil. 3: 9-11
Week 13 Tuesday 4/14	Development and Maintenance of Relational Spiritual Health	Kellemen: Chapters 1-5	Phil. 3:12-16 Phil. 3: 17-21
Week 14 Tuesday 4/21	Role of Scripture in Counseling Discussion of Kellemen	Kellemen: Chapters 6-10	Phil. 4: 1-3 Phil. 4: 4-7
Week 15 Tuesday 4/28	Gospel-Centered Counseling	Kellemen: Chapters 11-16 Reading Report Due	Phil. 4: 8-11 Phil. 4: 12-15
Week 16 Tuesday 5/5		Scheduled Recitations of Philippians Chapters 1-2 (during the week or during Final Exam) Complete Post Survey	Phil. 4: 16-19 Phil. 4:20-23
Week 17 Tuesday 5/12	Final Exam	Scheduled Recitations of Philippians Chapters 1-2 (during the week or during Final Exam) Complete Post Survey	

Selected Bibliography

- Allender, D. & Longman III, T. (1994). Cry of the soul: How our emotions reveal our deepest questions about God. Dallas: Word.
- Bauckham, R. (2003). "Reading Scripture as a coherent story." In *The Art of Reading Scripture*, ed. by Ellen F. Davis and Richard B. Hays, 38-53. Grand Rapids, MI: Eerdmans.
- Cloud, H. (1993). Changes that heal: How to understand your past to ensure a healthier future. Grand Rapids, IL: Zondervan.
- Doriani, D.M.(1996). *Getting the message: A plan for interpreting and applying the Bible*. Phillipsburg, NJ: P. & R.
- Emlet, M.R. (Winter 2002). "Understanding the influences on the human heart." *Journal of Biblical Counseling* 20, No. 2: 47-52.
- Johnson, E.L. (2007). Foundations for soul care: A Christian psychology proposal. Downers Grove, IL: InterVarsity Press.
- Manning, Brennan. (2002). *Abba's child: The cry of the heart for intimate belonging*. Colorado Springs, CO: NavPress.
- Scazzero, P. (2010). *The emotionally healthy church: A strategy for discipleship that actually changes lives*. Grand Rapids, MI: Zondervan.
- Vernick, Leslie. (2003). *How to live right when your life goes wrong.* Colorado Springs, CO: Waterbrook Press.

Key Performance Indicators

Key Performance Indicator	Learning Experiences	Assessments
N/A		

Signature Assignments

	Assignment	Description	Percentage/Points	Due Date
Ī	N/A			

Group Rev	iew Report	Name:	
(You will n	•	or the entire semester, or Microsof	t Excel version available on
Date	Who was there	Method used for review?	# of Times
Tues		By Group:	
		Word by Word Review	
		From Phil 1:1 to curren	t assignment
		Phrase by Phrase	
		Only Current assignmen	nt
		Individually quote curre	ent assignment
		Individually quote Phil 1	1:1 to current
Date	Who was thereMe	thod used for review?	# of Times
		By Group:	
Tues		Word by Word Review	
		From Phil 1:1 to curren	t assignment
		Phrase by Phrase	
		Only Current assignmen	nt
		Individually quote curre	ent assignment
		Individually quote Phil 1	1:1 to current
Date	Who was thereMe	thod used for review?	# of Times
		By Group:	
Tues		Word by Word Review	
		From Phil 1:1 to curren	t assignment
		Phrase by Phrase	
		Only Current assignmen	nt
		Individually quote curre	ent assignment
		Individually quote Phil 1	1:1 to current

<u>Date</u>	Who was thereM	<u> 1ethod used for review?</u>	# of Times
<u>Tues</u>		By Group:	
		Word by Word Revie	W
		From Phil 1:1 to curre	ent assignment
		Phrase by Phrase	
		Only Current assignm	nent
		Individually quote cu	rrent assignment
		Individually quote Ph	il 1:1 to current
		Goals Chart	
Set goals for you	r review	I will review Philippiansx per	day, at
Keep a log/chart Maintain 85% of	•	(Example)	

Sample Goals Chart

Week <u>Sunday</u> <u>Monday</u> <u>Tuesday</u> Wednesday <u>Thursday</u> <u>Friday</u> <u>Saturday</u> 1 Brushing Teeth Driving to Work Before Bed 2 Brushing Teeth Driving to Work Before Bed 3 Brushing Teeth Driving to Work Before Bed 4 Brushing Teeth Driving to Work Before Bed 5 Brushing Teeth Driving to Work Before Bed 6 Brushing Teeth Driving to Work Before Bed 7 Brushing Teeth Driving to Work Before Bed 8 Brushing Teeth Driving to Work Before Bed

Total Percentage of Goals Achieved: