

COUN5000 Student Process Group New Orleans Baptist Theological Seminary Church and Community Ministries Division Spring 2021

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# **Mission Statement**

New Orleans Baptist Theological Seminary and Leavell College prepare servants to walk with Christ, proclaim His truth, and fulfill His mission.

# **Mission Statement of the Counseling Program**

The mission of the NOBTS Counseling Program is to provide training and supervised experience in evidence-based counseling methods to help people deal with life issues in a biblically sound way and prepare students for licensure in counseling and counseling-related professions. We seek to produce graduates who have the values, knowledge, skills, and personal disposition to promote the mental health and holistic wellness of clients across diverse populations.

# **Course Description**

This course is designed to allow students the opportunity to identify and explore areas for personal growth important to their development as counselors and to help students begin developing interpersonal and communication skills necessary for counseling. This course is designed as a process group. The groups meet for 13 weeks. Students will participate fully by attending group meetings, setting goals related to emotional growth, developing their own homework, and providing feedback to fellow members. Students are required to achieve a pass in this pass/fail course.

## **Program Objective:**

#2. To train students to have the necessary academic and clinical skills to obtain professional licensure.

# **Course Objectives**

Course Objectives	Learning Experiences	Assessments
Students will identify strengths and growth areas in their personal lives as they enter the counseling profession. (CACREP 2:C; 2.F.1.k)	Activities Students will identify and discuss individual goals in the identified areas for personal growth, especially in emotional expression and reactivity. Readings	<i>Course Assignments</i> Set Individual Goals for Growth in emotional expression and reactivity (an ongoing assignment). Prepare personal homework.

Students will begin	"About Process Groups" (pp.16- 18) NOBTS Master's Counseling Program Handbook Activities	Course Assi	anments
developing interpersonal skills essential for counselors (CACREP 2:C; 2.F.1.k)	Recognize and share thoughts and feelings as they happen in group: talk about what's going on in the "here and now"	Listen carefully to others and respond with empathy and understanding. Note any tendencies to give advice.	
Students will experience the opportunity to receive perspectives, support, encouragement and feedback from other group members and become more self-aware. (CACREP 2:C; 2.F.1.k)	Activities The purpose of feedback is to help others identify patterns, personal presentations, unrecognized attitudes, and inconsistencies	<i>Course Assignments</i> Give and receive feedback during the Process Group meetings.	
Attendance and Participation: No more than 2 absences	Students are expected to attend all meetings, but are allowed 2 absences, and are expected to fully participate.	Pass	At end of the semester
Attendance: Missing more than 2 meetings.	Students who miss more than 2 meetings, or who fail to participate in the group activities will not receive a "Pass" grade.	Fail	At the end of the semester.

## Textbooks, required: None

## Supplemental Reading, required

"About Process Groups" (pp.16-18) NOBTS Master's Counseling Program Handbook

## Course Teaching Methodology

Participation in a Process Group, facilitated by a trained student counselor.

## **Evaluation of Grade:**

This course is grade as a Pass/Fail course. Missing more than 2 Group meetings will results in a Fail Grade.

## **Technical Assistance**

For assistance regarding technology, consult ITC (504-816-8180) or the following websites:

- <u>Selfserve@nobts.edu</u> Email for technical questions/support requests with the <u>Selfserve.nobts.edu</u> site (Access to online registration, financial account, online transcript, etc.)
- 2. <u>BlackboardHelpDesk@nobts.edu</u> Email for technical questions/support requests with the NOBTS Blackboard Learning Management System <u>NOBTS.Blackboard.com</u>.
- 3. <u>ITCSupport@nobts.edu</u> Email for general technical questions/support requests.

4. <u>www.NOBTS.edu/itc/</u> - General NOBTS technical help information is provided on this website.

#### **Disabilities and Accommodations**

New Orleans Baptist Theological Seminary does not discriminate against applicants/ students on the basis of personal disabilities. The Seminary, in voluntary compliance with the American Disabilities Act, will provide reasonable institutional accommodations, modifications, and adjustments to enable and empower students with disabilities to participate in Seminary programs and activities to the fullest extent possible. However, NOBTS cannot support accommodations that place undue hardship on the Seminary or its resources or which alter the essential requirements of curriculum and academic progress. While the seminary does not provide direct assistance to students in the form of equipment or personnel, accommodations may be made by individual professors at their discretion. These accommodations usually take the form of early access to lecture materials in electronic format and additional time to complete tests and assignments. The most efficient way to pursue such accommodations is to provide the Director of Testing and Counseling (Dr. Jeff Nave, jnave@nobts.edu, 504-282-4455 ext. 8004) with documentation of the condition for which you seek accommodation, an explanation of helpful accommodations received in the past, and a description of the specific accommodations you desire. The Director of Testing and Counseling will document your request and communicate on your behalf with the professors who teach the course(s) for which you are registered. The seminary reserves the right to consider each request for "special" accommodations on a case by case basis pursuant to the criteria enumerated above.

#### Diversity

The Counseling Program at NOBTS affirms the Christian doctrinal position that God created man in His own image, and that Christ died for man; therefore, every person of every race possesses full dignity and is worthy of respect and Christian love. We believe the counseling profession affords our students and graduates the opportunity to be "salt and light" (Matthew 5:13-16) whatever their places of service, and that a robust appreciation for and sensitivity to human diversity is key to that end. Further, a learning environment diverse in its people, curricula, scholarship, research, and creative activities expands opportunities for intellectual inquiry and engagement, helps students develop critical thinking skills, and prepares students for social and civic responsibilities. Students and faculty benefit from diversity. The quality of learning, research, scholarship, and creative activities are enhanced by a climate of inclusion, understanding, and appreciation of the full range of human experience. We are committed to nurturing and training a diverse student body in an atmosphere of mutual respect and appreciation of differences. As a result, the counseling program is committed to diversity and equal opportunity and recognizes that it must represent the diversity inherent in American society, reflected in our local community, and aligned with the core values of the NOBTS community.

## **Emergencies:**

In cases of emergency, such as hurricanes, disease outbreaks, or other disasters, go to the seminary website (<u>www.nobts.edu</u>) for information. The seminary administration will post information, such as the nature of the emergency, instructions for response, and evacuation and return dates. Please check Blackboard for information specific to this course. Because Blackboard is available, the course will continue even if the main campus is closed. Please consider registering for the seminary's priority text messaging service through <u>SelfServe</u>. This service is used only in emergencies, and will allow the seminary to deliver urgent information to you as needed.

#### Professor's Availability and Assignment Feedback

The student may contact the professor at any time using the email address provided in the course syllabus. The professor will make every effort to return answers to emailed questions within a 24-hour period of time. Assignments requiring grading will be returned to the student within a reasonable period of time. Student feedback on graded assignments will be provided through the grading rubric located in the student's Blackboard Grade Book. The student will find comments in the grading rubric, as well as on graded paper assignments.

#### **Policy on Late Assignments**

All work is due on the assigned date in the syllabus. The grade for late assignments will automatically be reduced by 8 points per class period.

#### Help for Writing Papers at "The Write Stuff"

"The Write Stuff" is the official NOBTS Writing Center online help site for writing academic papers and essays. <u>http://www.nobts.edu/writing/default.html</u> You will discover writing guides, tips, and valuable information to help you become a better writer. Go here for APA style helps and guidelines.

#### Plagiarism on Written Assignments

NOBTS has a no tolerance policy for plagiarism. Plagiarism in certain cases may result in expulsion from the seminary. See the NOBTS Student Handbook for definition, penalties, and policies associated with plagiarism.

Week of:	Reading & Assignments Schedule	Learning Experiences
1	Group Meeting #1: "About Process	Informed Consent, Group Rules, Goal
	Groups" (pp.16-18) NOBTS Master's	Setting; Get to know your group
	Counseling Program Handbook	members.
2	(Wk of 1/18-22) Group Meeting #2 (Wk of 1/25-29)	No meeting Monday 1/18)
2	Group Meeting #2 (WK of 1/25-29)	
3	Group Meeting #3 (Wk of 2/1-5)	
4	Group Meeting #4 (Wk of 2/8-12)	
	Mari Gras (Wk of 2/15-19)	No group meetings
5	Group Meeting #5 (Wk of 22-26)	
6	Group Meeting #6 (Wk of 3/1-5)	
<mark>7</mark>	Group Meeting #7 (Week of 3/8-12)	
	Spring Break (Wk of 3/15-26)	No group meetings
8	Group Meeting #8 (Wk of 3/29-4/2)	
9	Group Meeting #9 (Wk of 4/5-9)	
10	Group Meeting #10 (Wk of 4/12-16)	
11	Group Meeting #11 (Wk of 19-23)	
12	Group Meeting #12 (Wk of 26-30)	
13	Group Meeting #13 (Wk 5/3-7)	Required: Complete Evaluation. https://forms.gle/6BFsgfm3C4nf9fNG8

## Course Schedule

## Selected Bibliography

Corey, M. S., Corey, G., & Corey, C. (2014). Groups: Process and practice. Belmont, CA: Cengage.

Faculty. (2017). "About Process Groups" (pp.16-18) NOBTS master's counseling program handbook

Berg, R.C., Landreth, G. L., & Fall, K. A. (2018). *Group counseling: Concepts and procedures* (6<sup>th</sup>

ed.)

Key Performance Indicators	Learning Experiences	Assessments
N/A		