



COUN5310 A Practical Integration of Psychology, Theology, and Spirituality in the Counseling Setting

New Orleans Baptist Theological Seminary Church and Community Ministries Division Spring 2021

Professor: Jeffery Nave, PhD, LPC-S, LMFT-S, NCC; Professor of Counseling
Office: LMCCC 107
Phone: 504-816-8004
Email: jnave@nobts.edu

Teaching Assistant: DeAron Washington; email: washington_dearon@yahoo.com

Mission Statement

New Orleans Baptist Theological Seminary and Leavell College prepare servants to walk with Christ, proclaim His truth, and fulfill His mission.

Mission Statement of the Counseling Program

The mission of the NOBTS Counseling Program is to provide training and supervised experience in evidence-based counseling methods to help people deal with life issues in a biblically sound way and prepare students for licensure in counseling and counseling-related professions. We seek to produce graduates who have the values, knowledge, skills, and personal disposition to promote the mental health and holistic wellness of clients across diverse populations.

Course Description

PSYC5310 A Practical Integration of Psychology, Theology, and Spirituality in the Counseling Setting (3 hours) This course will address issues in practice related to the active integration of psychology, theology, and spirituality in Christian counseling. The practical application of these respective disciplines to a variety of counseling concerns will be emphasized.

Syllabus Distribution

This syllabus will be made available via blackboard one week prior to the first day of class. Due to regular semester updates, any version accessed prior to this date may contain inaccuracies.

Program Objectives: #2. Upon successful completion of one of the Master's Programs in Counseling, graduates should be able to synthesize theoretical and empirical knowledge in the field of counseling, #4. Upon successful completion of one of the Master's Programs in Counseling, graduates should be able to integrate historical Christian beliefs, faith, and spirituality with the best practices of mental health science, in an ethical manner.

Course Objectives

| Course Objectives | Learning Experiences | Assessments |
|---|--|--|
| Students will be challenged to apply psychological, theological, and spiritual resources to specific counseling concerns. (2.F.1.a. , 2.F.5.n.) | <i>Instruction</i> Class lecture, video, discussion and role play <i>Readings</i> Tan, Greggo and Johnson | <i>Course Assignments</i> Collaborative Scripting Midterm Exam Final Exam |
| Students will recognize the role that both professional and personal training play in comprehensive | <i>Instruction</i> Class Lecture, video and discussion | <i>Course Assignments</i> Midterm Exam Final Exam |

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| counselor preparation. (2.F.1.k.) | <i>Readings</i> Tan, Greggo and Johnson | |
| Students will identify and practice disciplines for physical, emotional and spiritual wellbeing to promote both personal growth and integrity in counseling. (2.F.1.l., 2.F.4.b.) | <i>Instruction</i> Discussion and leadership of activities <i>Readings</i> Tan, Greggo and Johnson | <i>Course Assignments</i> Student Led Devotional Moment |
| Students will identify principles that will help guide the therapeutic use of prayer, scriptural resources, confession, forgiveness, etc. (2.F.2.g.) | <i>Instruction</i> Class lecture, video and discussion <i>Readings</i> Tan, Greggo and Johnson | <i>Course Assignments</i> Integration Paper Midterm Exam Final Exam |
| Students will work toward establishing a scientific base for spiritual-guidance techniques. (2.F.3.e., 2.F.8.b.) | <i>Instruction</i> Class lecture, video and discussion <i>Readings</i> Tan, Greggo and Johnson | <i>Course Assignments</i> Midterm Exam Final Exam |

Course Requirements and Evaluation of Grades

| Assignment/Requirements & Description | Percentage | Due Date |
|---|------------|-----------------|
| Integration Paper Each student will compose an explanation of his or her personal rational and process for integrating biblical truth with evidence based counseling practices. Include a section on your anticipated response to a pastor who asks if the counseling you do is truly biblical, and a section on your anticipated response to a secular employer who asks if the counseling you do is really professional clinical counseling. This document should be approximately 2 pages in length (single spaced). | 15% | March 4 |
| Student Lead "Devotional Moment":(Intradisciplinary Integration) A student will be responsible to lead the class in a 2-3 minute devotional moment at the beginning of each class period and according to a schedule established during the first week of class. Using brief testimony, selected scriptures, and brief prayer, the selected individual is challenged to use this time to encourage the further development of various spiritual disciplines (prayer, bible study, corporate worship, etc) in the lives of those present. | 10% | |
| Collaborative Scripting The entire class will regularly work together on Collaborative Scripting exercises. Each student is expected to contribute to this process of identifying common counseling dilemmas and refining scripted responses for use in these dilemmas. | 15% | |
| Reading Students are responsible for all assigned readings. Students will report the percentage of required reading completed at the time of the midterm and the final. | 20% | |
| Mid-Term Examination | 20% | March 11 |

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|--------------------------|------------|----------------------|
| Final Examination | 20% | See Catalogue |
|--------------------------|------------|----------------------|

Textbooks

- Greggo, Stephen P. & Sisemore, Timothy A., eds. (2012). *Counseling and Christianity: Five Approaches*. IVP Academic. ISBN-13: 978-0830839780
- Johnson, Eric L. ed. (2010). *Psychology and Christianity: Five Views*. Downers Grove, Illinois: InterVarsity. ISBN-13: 978-0830828487
- Tan, Siang-Yang. (2011). *Counseling and Psychotherapy: A Christian Perspective*. Grand Rapids, MI: Baker Academic. ISBN-13: 978-0801029660

Evaluation of Grade

| | |
|--|-------------|
| 1. Student Lead "Devotional Moment"(No longer than 3 min.) | 10% |
| 2. Mid-Term Examination | 20% |
| 3. Final Examination | 20% |
| 4. Reading | 20% |
| 5. Integration Paper | 15% |
| 6. Collaborative Scripting | <u>15%</u> |
| | 100% |

Grading Scale:

The following grading scale is used at NOBTS:

A: 93-100 B: 85-92 C: 77-84 D: 70-76 F: below 70

Course Policies, Academic Conduct, and Professional Conduct

Academic Honesty Policy

All graduate and undergraduate NOBTS students, whether on-campus, internet, or extension center students, are expected to adhere to the highest Christian standard of honesty and integrity when completing academic assignments for all courses in every delivery system format. The Bible provides our standard for academic integrity and honesty. This standard applies whether a student is taking tests, quizzes, exams, writing papers, completing Discussion Boards, or any other course requirement.

Academic Policies

Academic policies relating to absences, grading scale, final examination schedules, and other topics can be found in the current online catalog: [New Orleans Baptist Theological Seminary Academic Catalog](#).

Classroom Parameters

- Please arrive on time.
- Turn off cell phones. Utilize laptops and other technology for class purposes only.
- Respect the professor and other members of the class.
- Maintain confidentiality when someone shares personal information.
- Participate in class and group discussions.

Classroom Participation/Active Dialogue

Student participation is expected. Class interaction is an important and valuable aspect of the learning environment where we can experience the truth of the Great Commandment by truly knowing one another.

Disabilities and Accommodations

New Orleans Baptist Theological Seminary does not discriminate against applicants/ students on the basis of personal disabilities. The Seminary, in voluntary compliance with the American Disabilities Act, will provide

reasonable institutional accommodations, modifications, and adjustments to enable and empower students with disabilities to participate in Seminary programs and activities to the fullest extent possible. However, NOBTS cannot support accommodations that place undue hardship on the Seminary or its resources or which alter the essential requirements of curriculum and academic progress. While the seminary does not provide direct assistance to students in the form of equipment or personnel, accommodations may be made by individual professors at their discretion. These accommodations usually take the form of early access to lecture materials in electronic format and additional time to complete tests and assignments. The most efficient way to pursue such accommodations is to provide the Director of Testing and Counseling (Dr. Jeff Nave, jnave@nobts.edu, 504-282-4455 ext. 8004) with documentation of the condition for which you seek accommodation, an explanation of helpful accommodations received in the past, and a description of the specific accommodations you desire. The Director of Testing and Counseling will document your request and communicate on your behalf with the professors who teach the course(s) for which you are registered. The seminary reserves the right to consider each request for “special” accommodations on a case by case basis pursuant to the criteria enumerated above.

Diversity

The Counseling Program at NOBTS affirms the Christian doctrinal position that God created man in His own image, and that Christ died for man; therefore, every person of every race possesses full dignity and is worthy of respect and Christian love. We believe the counseling profession affords our students and graduates the opportunity to be “salt and light” (Matthew 5:13-16) whatever their places of service, and that a robust appreciation for and sensitivity to human diversity is key to that end. Further, a learning environment diverse in its people, curricula, scholarship, research, and creative activities expands opportunities for intellectual inquiry and engagement, helps students develop critical thinking skills, and prepares students for social and civic responsibilities. Students and faculty benefit from diversity. The quality of learning, research, scholarship, and creative activities are enhanced by a climate of inclusion, understanding, and appreciation of the full range of human experience. We are committed to nurturing and training a diverse student body in an atmosphere of mutual respect and appreciation of differences. As a result, the counseling program is committed to diversity and equal opportunity and recognizes that it must represent the diversity inherent in American society, reflected in our local community, and aligned with the core values of the NOBTS community.

Emergencies

In cases of emergency, such as hurricanes, disease outbreaks, or other disasters, go to the seminary website (www.nobts.edu) for information. The seminary administration will post information, such as the nature of the emergency, instructions for response, and evacuation and return dates. Please check Blackboard for information specific to this course. Because Blackboard is available, the course will continue even if the main campus is closed. Please consider registering for the seminary’s priority text messaging service through SelfServe. This service is used only in emergencies, and will allow the seminary to deliver urgent information to you as needed.

Extra Credit

No extra credit is available in this course.

Netiquette

Netiquette refers to appropriate online behavior in Blackboard or other online discussions. Each student is expected to demonstrate appropriate Christian behavior when working online on Discussion Boards or whenever interaction occurs through web, digital, or other electronic medium. The student is expected to interact with other students in a fashion that will promote learning and respect for the opinions of others in the course. A spirit of Christian charity is expected at all times in the online environment.

Plagiarism on Written Assignments

NOBTS has a no tolerance policy for plagiarism. Plagiarism in certain cases may result in expulsion from the seminary. See the NOBTS Student Handbook for definition, penalties, and policies associated with plagiarism.

Policy for Graduating Seniors

Graduating seniors are responsible for alerting the professor of your intention to graduate. All of your assignments must be completed by noon (12:00 PM) on the Wednesday prior to commencement exercises.

Professor’s Policy on Late Assignments

All work is due on the assigned date in the syllabus. The grade for late assignments will automatically be reduced by one letter grade per week late.

Professional Conduct

Students are expected to adhere to the appropriate codes of ethics for their particular programs. Any behavior deemed unethical will be grounds for dismissal from the program.

Professor's Availability and Assignment Feedback

The student may contact the professor at any time using the email address provided in the course syllabus. The professor will make every effort to return answers to emailed questions within a 24-hour period of time. Assignments requiring grading will be returned to the student within a reasonable period of time. Student feedback on graded assignments will be provided through the grading rubric located in the student's Blackboard Grade Book. The student will find comments in the grading rubric, as well as on graded paper assignments. The student may also email the course grader with questions regarding grading.

Reading Assignments

Students are responsible for completing all reading assignments.

Technical Assistance

For assistance regarding technology, consult ITC (504-816-8180) or the following websites:

1. Selfserve@nobts.edu - Email for technical questions/support requests with the Selfserve.nobts.edu site (Access to online registration, financial account, online transcript, etc.)
2. BlackboardHelpDesk@nobts.edu - Email for technical questions/support requests with the NOBTS Blackboard Learning Management System NOBTS.Blackboard.com.
3. ITCSupport@nobts.edu - Email for general technical questions/support requests.
4. www.NOBTS.edu/itc/ - General NOBTS technical help information is provided on this website.

Writing Center

NOBTS has adopted a Quality Enhancement Plan to improve English writing at the graduate level. As part of this effort, NOBTS has established a writing center located in the Hardin Student Center (290B). Visit the official [NOBTS Writing Center](#) online help site for writing academic papers and essays. You will discover writing guides, tips, and valuable information to help you become a better writer. Go here for Turabian and APA style helps and guidelines. You will also find language fonts for Greek and Hebrew.

More information about how to set up an appointment for writing assistance is available on the writing center page.

Writing Style

All papers in counseling courses are to be written in American Psychological Association (APA) style. Please see the latest edition of the [Publication Manual of the American Psychological Association](#).

Student Services

This is a partial list of NOBTS student services available to all students, no matter your delivery system or location. If you have questions or do not see what you need here, please refer to www.nobts.edu/student-services, email us at studentservices@nobts.edu, or call the Dean of Students office at 800-662-8701, ext. 3283. We are glad to assist

you!

| Need | Email | Phone | Web Page |
|---|--|-----------------------|--|
| Advising – Graduate Program | studentservices@nobts.edu | 504.282.4455 x3312 | www.nobts.edu/registrar/default.html#advising |
| Advising – Undergraduate Program | lcadminasst@nobts.edu | 504.816.8590 | www.nobts.edu/LeavellCollege |
| Church Minister Relations (for ministry jobs) | cmr@nobts.edu | 504.282.4455 x3291 | www.nobts.edu/CMR |
| Financial Aid | financialaid@nobts.edu | 504.282.4455 x3348 | www.nobts.edu/financialaid |
| PREP (help to avoid student debt) | Prepassistant1@nobts.edu | 504.816.8091 | www.nobts.edu/prep |
| Gatekeeper NOBTS news | pr@nobts.edu | 504.816.8003 | nobtsgatekeeper.wordpress.com |
| Information Technology Center | itcsupport@nobts.edu | 504.816.8180 | selfserve.nobts.edu |
| Help with Blackboard | blackboardhelpdesk@nobts.edu | 504.816.8180 | nobts.blackboard.com |
| Library | library@nobts.edu | 504.816.8018 | www.nobts.edu/Library |
| Online library resources | library@nobts.edu | 504.816.8018 | http://www.nobts.edu/research-links/default.html |
| Writing and Turabian style help | library@nobts.edu | 504.816.8018 | http://www.nobts.edu/writing/default.html |
| Guest Housing (Providence Guest House) | ph@nobts.edu | 504.282.4455 x4455 | www.provhouse.com |
| Student Counseling | lmccc@nobts.edu | 504.816.8004 | www.nobts.edu/student-services/counseling-services.html |
| Women’s Programs | womensacademic@nobts.edu | 504.282.4455 x3334 | www.nobts.edu/women |

For additional library resources in your state, check <http://www.nobts.edu/library/interlibrary-loan.html>

- GALILEO for Georgia students
- LALINC for Louisiana students
- Florida Virtual Library (<http://www.flelibrary.org/>) for Florida students
- Interact with us online at –



[TWITTER.COM/NOBTS](https://twitter.com/NOBTS)

[INSTAGRAM.COM/NOBTS](https://www.instagram.com/NOBTS)

[FACEBOOK.COM/NOBTS](https://www.facebook.com/NOBTS)

Course Schedule

Week 1 Introduction

A Brief Overview of Secular Psychotherapy
The Uniqueness of Christian Counseling
(Tan – Chp. 1 and Critique and Biblical Perspective only in Chps. 4-13)

Week 2 Theological Underpinnings for Christian Counseling

The Challenges of Intradisciplinary Integration

Spiritual and Psychological Health
(Tan-Chp. 14; Johnson-Chp. 1-2)

- Week 3 A Theology of Emotional and Relational Problems**
Key Characteristics/Qualifications of the Christian Counselor
Pursuing Spiritual Wholeness - Intimacy with God, Self, and Others
(Tan - Chp. 2-3; Johnson-Chp. 3-4)
- Week 4 The Use of Forgiveness in the Counseling Setting**
(Tan-Chp. 15; Johnson-Chp.5-6)
- Week 5 Integration Concepts**
(Johnson-Chp. 7; Greggo-Chp. 1 & 2)
- Week 6 The Use of Prayer in the Counseling Setting**
(Tan - Chp. 16; Greggo-Chp. 3 & 4)
- Week 7 The Use of Scripture in the Counseling Setting**
(Johnson-Chp. 7; Greggo-Chp. 5 & 6)
- Week 8 MID-TERM - THURSDAY March 11**
- Week 9 SPRING BREAK-MARCH 15-19**
- Week 10 Collaborative Scripting**
(Tan - Chp. 17; Chp. 7)
- Week 11 Student Led "Integrative" Therapy Sessions**
- Week 12 Student Lead "Integrative" Therapy Sessions**
- Week 13 The Use of Challenging and Confession in the Counseling Setting**
- Week 14 Student Lead "Integrative" Therapy Sessions**
- Week 15 Student Lead "Integrative" Therapy Sessions**
- Week 16 Student Lead "Integrative" Therapy Sessions**

FINAL EXAM (see Graduate Exam Schedule)

Selected Bibliography (CACREP 2.E)

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- Allport, Gordon W. *Becoming*. New Haven: Yale University Press, 1983.
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- American Psychiatric Association. (2013) *Diagnostic and Statistical Manual of Mental Disorders*. 5/e (DSM-5). Washington, K.D.: A.P.A. (ISBN: 978-0890425558)
- Augsburger, David. *Caring Enough to Forgive*. Ventura, CA.: Regal Books, 1981.
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Willard, Dallas. The Spirit of the Disciplines. San Francisco: HarperCollins, 1988.

Worthington, Everett L., Jr. ed. Psychotherapy and Religious Values. Grand Rapids: Baker, 1993.