

## **Suicide Assessment and Intervention: Working with the Crisis Adolescent**

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(Available for NASW 1.5 Clinical Hours, NBCC (LPC) 1.5 Clock Hours, LMFT 1.5 CE)

This presentation is intended to put into practice fundamental therapeutic skills to engage, connect, and intervene in suicide, resulting in a therapeutic relationship that moves a person from crisis to safety. The approach emphasizes the effectiveness of skills basic to human connection; skills innate to the therapist, such as: joining, empathy, normalization, validation, reflection, systematic resourcing, collaboration and coping. The training moves the counselor through the stages of self-awareness to self-care while crisis work from assessment through safety planning.

### Objectives:

1. Increased confidence and practical approach to assess and intervene in suicide.
2. Increased understanding of the responsibility of the therapist and the client.
3. Increased awareness of the ethical requirements (Duty to Report and Do No Harm).

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