

The Adolescent Brain: Why They Do What They Do!

Dr. Kathy Steele

Katherine Majeste

(Available for NASW 1.5 Clinical Hours, NBCC (LPC) 1.5 Clock Hours, LMFT 1.5 CE)

This workshop will encourage participants to investigate current adolescent brain research to broaden understanding of the adolescent, consider how the findings of this research may inform best practice for therapy with adolescents and discover effective methodologies for therapy with families with adolescents.

Objectives:

1. Participants will investigate current adolescent brain research to broaden understanding of how the developmental level of the adolescent brain impacts moodiness, impulsivity and poor decision-making ability and the parallels between biblical information and the research findings.
2. Participants will explore how the findings of adolescent brain research relates to the selection of therapy models for use with adolescents and their families.
3. Participants will identify and discuss how the findings of adolescent brain research could fit into the therapy models they currently use.

Kathy Steele – Ph.D, LPC –S, LMFT-S

Katherine Majeste – M.A., PLPC