

## **Wounded Adolescents: Confronting Cutting**

Dr. Bill Viser

(Available for NASW 1.5 Clinical Hours, NBCC (LPC) 1.5 Clock Hours, LMFT 1.5 CE)

This presentation will focus on self-injury among adolescents, the different forms it takes and the contributing factors to this behavior. Participants will understand the motivations(s) behind self-injury. Participants will see the relationship between self-injury and various disorders. The place of suicide will also be discussed. Case studies will be included and various interventions examined in the process of therapy.

### Objectives:

1. Participants will be able to identify contributing factors to cutting.
2. Participants will understand why adolescents engage in cutting.
3. Participants will comprehend how to apply interventions to the client who is cutting.

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